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OTTAWA • THURSDAY, APRIL 22, 2010

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## 85-year-old man charged in senior's murder

**INVESTIGATION** An 85-year-old man is facing second-degree murder charges in connection with the death of an 88-year-old man at a CentrepoinTE area long-term-care home last October.

Frank Moir was discovered dead in his room at the Peter D. Clark Long-Term Care Home at 9 Meridian Place on Oct. 21.

An autopsy performed on Oct. 23 confirmed that the man was the city's fifth homicide of that year.

After an investigation, the Ottawa Police Service Major Crime Unit has charged 85-year-old Peter Lee with one count of second-degree murder.

METRO OTTAWA

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SCAN LIFE  
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**EARTH DAY: APRIL 22**

**GoGreen**

Metro is marking Earth Day with a special section that looks at some of the issues and ways people are trying to make their lives more environmentally conscious. See pages 30, 31.



**On the web**

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# Committee OK's \$155M bus deal

City could get whole new articulated fleet if surprise offer accepted by council

**TIM WIECLAWSKI**  
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**Thanks to a too-good-to-refuse offer from manufacturer New Flyer, OC Transpo could be getting a whole new fleet of articulated buses.**

Yesterday, the city's transit committee unanimously approved a hastily presented offer to purchase 226 new articulated buses for \$155.7 million.

The proposal came to OC Transpo after New Flyer had a large order from a transit company in

**"We've come forward with what I think is a win-win proposal for the city of Ottawa and for New Flyer."**

Brian Tobin, board chairman of New Flyer

Chicago deferred, New Flyer board chairman Brian Tobin, who is also the former premier of Newfoundland, told the committee.

Rather than scale back production and have to lay off employees, New Flyer is looking for other possibilities to maintain its production levels.

"We've got to make the decision to run at the proposed rate, or ratchet down. We'd like to run," said Tobin. "Because we want to run, we've come forward with what I think is a win-win proposal for the city of Ottawa and for New Flyer."

Tobin called the proposal revolutionary for the

bus industry. The city is getting a discount of around \$16 million on the cost of the new buses, a \$5-million discount on 80 buses it had already ordered and New Flyer will pay a trade-in fee to buy back the current articulated bus fleet.

According to a value analysis report by city staff, not going with the offer would cost OC Transpo around \$156.9 million.

Since the buses in the current fleet are all between six and nine years old, OC Transpo was preparing to spend

around \$66 million over the next four years performing mid-life refurbishments on those buses. That cost would be avoided.

Also, since the new buses are far more fuel efficient, OC Transpo expects to save around \$6 million per year in fuel costs. The five-year bumper-to-bumper warranty would also represent significant savings.

**ShareYourViews**

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## Jaffer denies doing drugs, improper political lobbying

**COMMITTEE** Former Conservative MP Rahim Jaffer says he never lobbied the government on behalf of his company, never used his wife's parliamentary perks for business — and never used illegal drugs.

The one-time Tory up-and-comer wavered between defiance and shame as he took the hot seat yesterday before a Commons committee looking into his business dealings and accusations of improper lobbying.

Jaffer and his business partner, Patrick Glemaud, had been summoned to respond to questions about alleged unregistered lobbying for government environmental grants. This was the first time Jaffer had spoken publicly about any of the allegations that have been levelled against him for the past two weeks.

Jaffer bristled as he spoke

### Family fallout

- Prime Minister Stephen Harper accepted Helena Guergis' resignation from cabinet this month, suspended her from the Tory caucus and called in the RCMP to look into unspecified allegations involving her.

of reputations being ruined "on the basis of rumour and unsubstantiated allegations for short-term political gain."

He choked up as he apologized to his family and his wife, Helena Guergis, who lost her cabinet job amid the swirl of allegations about Jaffer's business dealings.

"She's the most important person in my life and I love her dearly and it is very unfortunate that her good name has been dragged into my problems



Surrounded by media, Patrick Glemaud, left, and his business partner, former MP Rahim Jaffer, look at each other as they appear at a Government Operations Committee yesterday on Parliament Hill.

so unfairly," Jaffer said.

He flatly denied lobbying the government. He said any conversations he had with ministers, MPs or senators after losing office never went beyond social chit

chat about his new career in business.

Jaffer also addressed his arrest on drunk driving, drug possession and speeding charges last September. The serious charges had

been dropped, and he received a \$500 fine for careless driving.

"I was careless ... I've learned my lesson," Jaffer said.

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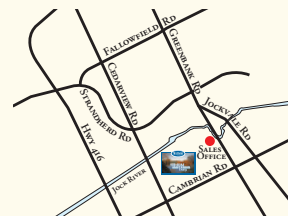


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# Local



## Museum gets toys for exhibition

The Canadian Museum of Civilization is acquiring one of the most extensive collections of family and children's games in the world. Established by University of Waterloo Prof. Elliott Avedon, the collection, which includes more than 5,000 objects and documents, is being transferred by the university to ensure its proper care and preservation, and access for researchers.

METRO OTTAWA



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## 2-alarm fire causes \$300K in damages

**BLAZE** Police are investigating a suspicious fire that caused \$300,000 in damages to a business early yesterday morning.

Firefighters and police were called to Unit 21 of 81 Auriga Dr. at around 12:50 a.m. Forty-two firefighters in 16 vehicles responded to the two-alarm fire, which was brought under control within an hour.

The fire caused \$200,000 in damage to the building and \$100,000 to the contents. There were no injuries.

TRACEY TONG/  
METRO OTTAWA

# Bluesfest ready to rock

## Big names will benefit from playing festival, says director

TRACEY TONG  
tracey.tong@metronews.ca

There are 250 acts named for this year's Ottawa Bluesfest, and there's something the big names — like Santana, Iron Maiden, Rush and Joan Jett — and smaller acts all have in common.

They will all benefit from playing the festival.

"Big names and large touring acts are always looking for the right play in a market," said Bluesfest executive and artistic director Mark Monahan at LeBreton Flats Park yesterday. "And festivals in North America are becoming a really great play for them to do."

With dozens of acts performing each day from July 6-11 and July 13-18, all performers are likely to see more concertgoers than if



With Ottawa Bluesfest about to move into high gear, executive and artistic director Mark Monahan takes a moment yesterday to relax on the official Bluesfest car — a Cadillac he purchased on eBay and had decorated — at LeBreton Flats Park.

they held their own shows.

"And people aren't always coming to see them," Monahan said. "People might come to the festival for other reasons, but that allows

them to have a crowd of 30,000 instead of 15,000," he said. "A lot of those acts see that as a great opportunity to turn on new listeners. Even though they're

huge acts, they're always looking for new fans," he said. "And festivals are a great opportunity to create that buzz."

For smaller acts, one of

the goals of Bluesfest is to profile the huge amount of talent that exists in Ottawa, said Monahan.

Big outdoor music festivals profile acts that may not yet have the recognition, or the drawing power, Monahan said.

"But we can use those big names to bring in an audience which will hopefully eventually support those other acts."

"It's part of the formula — you need those big names to draw people to the park, but, really, what a lot of people enjoy most about the festival is seeing those acts they may not know of before coming. It's kind of a discovery opportunity for people."

And people here take advantage of it, he said.

"Ottawa is a very diverse city with musical tastes," he said.

metronews.ca

WHAT'S ONLINE TODAY

**Video** Michaëlle Jean apologizes to Rwanda for Canada's inaction during the 1994 genocide. More at [metronews.ca/canada](http://metronews.ca/canada)

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These results are not official.

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## Local makes Miss World Canada cut

**PAGEANT** After qualifying last month, a 22-year-old Ottawa resident is headed to the Miss World Canada competition in Vancouver on May 7. She's ambitious, to boot — a recent graduate from Carleton University, she hopes to pursue a master's degree and a PhD.

But when you hear about Crystal Grierson's real passion, you can't help but root for her. She started volunteering in her early teens and now volunteers with the Big Brothers Big Sisters of Ottawa. "Any chance I get

to volunteer, I'll pounce on," she said.

Volunteering, in fact, was what got her interested in entering the Miss World Canada competition. "I was researching this pageant on the Internet and noticed that they focused on children's charities," she said. "That sparked an interest."

Grierson will be one of 30 women from across Canada vying for the crown.

Grierson is asking city residents to support her on Facebook.

TRACEY TONG/  
METRO OTTAWA

Ottawa resident Crystal Grierson is competing in the Miss World Canada pageant in Vancouver next month.

## Residents mourn pre-Confed tree

**REMOVED** Residents are lamenting the loss of a pre-Confederation tree that was destroyed in order to make way for the extension of Terry Fox Drive in Kanata.

Along with a stand of 100-foot-tall white pines, the more than 200-year-old black sugar maple was felled over the weekend to make way for the road construction.

Upon discovering the tree stump, botanist Martha Webber verified the age of the tree to be more than 200 years. The tree's diameter was 109 centime-

tres. The city has a bylaw to protect trees with a diameter greater than 50 centimetres, but the city is exempt from the bylaw.

"That tree was as old as Confederation. It was on the edge of the roadway, in perfect health, and the city could have easily retained it," said Paul Renaud, who is part of a coalition of citizens concerned about the impact of the new road.

Terry Fox Drive must be completed prior to March 2011 in order to receive funding.

TIM WIECLAWSKI/METRO OTTAWA

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The Canada Science and Technology Museum is celebrating International Astronomy Day with a free star party at the Helen Sawyer Hogg Observatory at 8 p.m. on Saturday. **METRO OTTAWA**

# Plight of the caribou

EARTH DAY: APRIL 22



Once upon a time, Ottawa residents spending time in nearby Algonquin Park may have spotted a woodland caribou.

No more. The Boreal woodland caribou have lost more than half of their habitat since Europeans arrived in Canada, mostly due to human activities, including agriculture, forestry and road building, said national executive director of Canadian Parks and Wilderness Society Eric Hebert-Daly.

On Earth Day, it's important to highlight the need to protect the species, said Hebert-Daly, "especially a species that is less than half what it was when we started."

CPAWS and its supporters donned homemade caribou antlers downtown yesterday to draw attention to the plight of the caribou.

This event, which was also held in Vancouver and



Supporters of the Canadian Parks and Wilderness Society staged an event on Sparks Street yesterday to highlight the need to protect the woodland caribou and their habitat, Canada's Boreal forests.

Montreal, is part of a campaign to promote conservation of Woodland caribou and their habitat, the Boreal forest.

Over the last few months, 20,000 Canadians have signed postcards supporting the protection of caribou habitat throughout the Boreal forest, Hebert-

Daly said.

"We're here to celebrate that and make sure that we are able to continue to work with government, communities and First Nations to make caribou habitat a priority."

CPAWS will be speaking to the parliamentary committee on the Species at

Risk Act next week, Hebert-Daly said.

"We want to emphasize the species as a bit of a barometer of the health of our boreal forest. We know that when (the woodland caribou) are in decline, the health of our boreal forest is in decline."

TRACEY TONG/METRO OTTAWA

## School bans bottled water

**TIM WIECLAWSKI**  
tim.wieclawski@metronews.ca

**ENVIRONMENT** Starting in the next school year, anyone looking for water on the University of Ottawa campus had better bring their own bottle.

As of Sept. 1, the university will become the first in Ontario to put a complete stop on the sale of

bottled water on its campus.

Students and staff are encouraged to use cups, glasses and re-usable bottles at the nearest fountain or tap on campus.

Over the past two years, the university has invested over \$100,000 in its water fountains and will be making an additional \$75,000 investment next year.

## Sens' Fisher teams up with Big Steps

**TRACEY TONG**  
tracey.tong@metronews.ca

**CHARITY** Ottawa Senator Mike Fisher has joined local broadcasting legend Max Keeping as an honorary chair for CHEO's Big Steps campaign.

The latest campaign by

the Children's Hospital of Eastern Ontario aims to raise \$25 million for research and equipment.


The Big Steps campaign will help the hospital make strategic investments in research, equipment and technology, said president and CEO of the CHEO Foundation Fred Bartlett.

## News in brief

**RECYCLING** Ontario Electronic Stewardship invites Ottawa area residents to drop off all used, broken or unwanted electronic equipment for recycling at the Pinecrest Shopping Centre IKEA Saturday.

**OFF-LEASH AREAS** Coun. Diane Deans is requesting that the National Capital Commission consider creating additional off-leash dog facilities along the Greenbelt.

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Health Canada is warning of a possible new danger lurking in the kitchen: the dishwasher. It said yesterday there have been two separate reports of young children being cut while playing next to the dishwasher in the family kitchen. The culprit: A sharp metal edge at the bottom of the dishwasher door. **THE CANADIAN PRESS**

# Canada



## Brother ordered out

The brother of a teen shot dead by Montreal police is appealing a deportation ruling ordering him back to his native Honduras. Immigration officials have declared Dany Villanueva, left, inadmissible because of a conviction for armed robbery. Villanueva's brother, Fredy, was killed by Montreal police in August 2008.

THE CANADIAN PRESS

## Canada says sorry to Rwanda

Gov. Gen. Michaëlle Jean used a state visit to Rwanda to deliver an apology on behalf of Canada for its failure to act during that country's genocide — which killed 500,000.

Jean, who is the first top-level Canadian official to visit Rwanda since the 1994 atrocity, delivered the solemn message yesterday.

"The world's failure to respond adequately to the genocide is a failure in which Canada — as part of the

**"I think we could have made a difference."**

Michaëlle Jean

international community — readily acknowledges its fair share of responsibility," she said.

Jean's entourage said her message was cleared with the highest levels of the Harper government.

Jean elaborated on her remarks in response to a journalist's question. She said the world, including Canada, did not respond soon enough to the atrocities taking place.

"I think we could have made a difference. I think we could have prevented the magnitude of the horror that (led) to a genocide here," she said.

THE CANADIAN PRESS



Gov. Gen. Michaëlle Jean lays a wreath at a mass grave at the Kigali Memorial Centre in Rwanda yesterday. The centre was opened on the 10th anniversary of the Rwandan genocide.

## Iggy blooper ousts a Tory

Aide quits in gun registry fuss

**A Conservative MP's aide has taken the fall for a news release that urged Liberals to beat their leader "black and blue."**

Brant Scott, assistant to Saskatchewan MP Garry Breitkreuz, resigned yesterday as the Harper government scrambled to get its strategy for scrapping the long-gun registry back on track.

The release, which went out under Breitkreuz's name, slammed Liberal Leader Michael Ignatieff and the Canadian Association of Chiefs of Police for supporting the registry.

Breitkreuz apologized for the missive, which he

**"It shows the hypocrisy of the law and order party..."**

Michael Ignatieff

said he didn't write.

Opposition parties accused Breitkreuz and Prime Minister Stephen Harper of hiding behind a staffer to avoid taking responsibility for a "disgraceful" insult to police chiefs.

"My view of this is that it shows the hypocrisy of the law and order party they're supposed to be," Ignatieff said of the Tories.

THE CANADIAN PRESS



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## Premier vows all public schools to follow new sex-ed program

Ontario Premier Dalton McGuinty says all publicly funded schools — including Catholic schools — will have to teach a revamped sex-ed curriculum that's drawn fire from conservative groups who charge it's corrupting young minds. The curriculum will see lessons taught to kids as early as Grade 1. **THE CANADIAN PRESS**

# Ottawa cherry-picking documents: Lawyers

**Lawyers for a military hearing into prisoner hand-overs in Afghanistan accused the federal government yesterday of cherry-picking which documents it turns over.**

The lead counsel for the Military Police Complaints Commission said there seems to be a "weaning-out of documents" released to the inquiry.

"What we appear to be receiving is a subset of a larger collection of documents," Ron Lunau said.

He added he is "very concerned ... we're not necessarily seeing all of the documents" related to the detainee affair.

Thousands of pages have



Ron Lunau

already been given to the civilian-run military watchdog, but thousands more are caught in a paper jam as government lawyers scrub out secret information.

Government lawyer

Alain Prefontaine told the hearing yesterday that picking and choosing documents is necessary to avoid adding to the backlog. As it is, some key documents are still weeks from being ready.

"We can certainly add to the chain all the documents that we've weeded out," Prefontaine said.

"Understanding, though, that the only impact this will have is to lengthen the queue and lengthen the time that it's going to take to revise everything."

Buried somewhere in the reams of paperwork still under review are a series of reports by a former foreign-service worker that

documented allegations of abuse in Afghan jails.

The reports by Nicholas Gosselin cover at least eight claims of mistreatment by Afghan authorities between January and August 2008. Word of their existence emerged when Gosselin testified at the hearings last week.

Prefontaine said the Gosselin reports could be turned over May 7, barring unforeseen delays. Lunau lamented the time it's taking to turn over documents.

"Look, we've been at this since — what? — June 2008, when the public hearing was announced," he said. "That's two years ago."

THE CANADIAN PRESS

## Men seen faster on referrals: StatsCan

**HEALTH** A new report suggests men may move through the medical system faster than women when they need to see a specialist.

The Statistics Canada report says wait times to see a specialist vary depending on the severity of the illness, though nearly half of people see one within a month of getting a referral.

But where 51 per cent of men see a specialist

within a month, only 42 per cent of women have their first specialist appointment within that time frame.

The report says it's not clear whether this is the result of gender bias or whether men wait longer to get help for a medical condition and therefore move through the system quicker because they are at greater need.

The source of the referral has an influence on

how quickly people see a specialist, with those referred by someone other than a family doctor more than twice as likely to wait less than a month.

The findings are based on the Canadian Community Health Survey and draw from the experiences of people in all 10 provinces but not the three territories, federal institutions or First Nations reserves.

THE CANADIAN PRESS

## 62 native women added to tally

**DEATHS** A new report has added 62 more names to a growing list of missing or murdered aboriginal women and girls.

The report by the Native Women's Association of Canada pegs the total at at least 582. The report says the data is limited by the way information is collected — there's no national missing-persons database and police records don't always indicate aboriginal status.

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The federal government is reviving a bill that would allow victims to sue accused terrorists — including state sponsors of violence. Under the legislation, people would be allowed to seek damages for terrorist acts dating from Jan. 1, 1985. **THE CANADIAN PRESS**

# HIV on rise in federal jails

Group says rate 'comparable' to many countries in Africa

**Rates of HIV among inmates in federal prisons appear to be rising dramatically, prompting advocacy groups to call for sweeping changes to prevent further spread of the disease, both inside the institutions and in the community at large.**

A newly released report from Correctional Service Canada revealed that 4.6 per cent of prisoners re-

## Drug use

• The survey showed 34 per cent of men and 25 per cent of women used non-injection drugs, while 17 per cent of men and 14 per cent of women were injection-drug users.

ported having HIV-AIDS in 2007, more than double

the 1.6 per cent rate cited in previous reports. The 2007 survey data are the most recent available.

"When we found the HIV prevalence rate, we were astounded at the number of 4.6 per cent," said Sandra Ka Hon Chu, a senior policy analyst with the Canadian HIV-AIDS Legal Network in Toronto, who noted that prevalence rate is 15 times higher

than that found in general population.

"So this is the new reality we're working with," she said yesterday, deeming the HIV infection rate "comparable to many countries in the region of sub-Saharan Africa."

The report also found the estimated rate of hepatitis C among federal prisoners was 31 per cent.

**THE CANADIAN PRESS**

## St. John's Going retro



In honour of the 60th Anniversary of the RCMP in Newfoundland and Labrador, two 1950's style retro cars were unveiled yesterday at the Confederation Building in St. John's, N.L.

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## Politicians question Sikh leaders' apology

**CULTURE** A threat made towards two B.C. politicians has inadvertently set off a conversation about a festering problem within Canada's multicultural communities.

Organizers of a Sikh parade issued an apology yesterday, saying comments made by organizers that appeared to suggest Liberal MP Ujjal Dosanjh and Liberal MLA Dave Hayer were not welcome at the parade and would have to bring their own security if they chose to come were misconstrued.

But Hayer and Dosanjh questioned the sincerity of

the apology and Dosanjh said the incident should prompt a serious debate in Canada about multiculturalism, political correctness and whether that's feeding home-grown hatred.

"My worry is you have a level of political correctness that has been ailing us for some time and you combine that with this multiculturalism that is sometimes misused to hide all kinds of inappropriate behaviour or values," Dosanjh said.

"If you put the two together, it becomes a very difficult thing to deal with." **THE CANADIAN PRESS**

## Foreigners granted extensions

**VISAS** Foreigners whose Canadian immigration status may have lapsed due to air traffic delays over the past week can breathe easy.

Ottawa is making special allowances following the shutdown of airspace over Europe due to a plume of ash spewing from a volcano in Iceland.

Immigration Minister Jason Kenney says temporary residents who were

unable to leave the country due to air-travel disruptions after their visas expired on or after April 15 need not worry. They will have their status automatically extended for up to 30 days for free.

Temporary residents outside Canada who weren't able to complete their travel plans will be able to apply for a replacement document at no charge as well. **THE CANADIAN PRESS**



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A French military spokesman says pirates mistakenly attacked a French warship off the coast of Somalia and six were captured. Col. Patrick Steiger says the attackers fired eight rounds from automatic weapons on La Somme, a 3,800-ton refuelling ship — but missed.

# World



## Former IOC head Samaranch dies at 89

Juan Antonio Samaranch, a reserved but shrewd dealmaker whose 21-year term as president of the International Olympic Committee was marked by both the unprecedented growth of the Games and its biggest ethics scandal, died yesterday in a Barcelona hospital. He was 89. Samaranch, a former Spanish diplomat, led the IOC from 1980 to 2001. He was considered one of the defining presidents for building the IOC into a powerful global organization and firmly establishing the Olympics as a world force.

THE ASSOCIATED PRESS

## Probation for mom who starved son to death

**BALTIMORE** A woman who starved her one-year-old son to death at the behest of a religious cult leader has been given a sentence that won't require her to serve any more jail time.

Ria Ramkissoon pleaded guilty to child abuse resulting in the death of her son, Javon Thompson. The plea agreement contained an extraordinary provision: If Javon is resurrected, the plea will be withdrawn.

The cult leader told followers not to feed Javon when he did not say "Amen" during a mealtime prayer. Three people were convicted of second-degree murder.

Ramkissoon, who has been in jail since her 2008 arrest, was given a suspended sentence and five years of probation yesterday. She will be committed to a residential treatment facility.

THE ASSOCIATED PRESS

## News in brief

**CAIRO** Egypt yesterday charged five leading members of the banned Muslim Brotherhood, including a Saudi, with money laundering and raising funds abroad, in the latest government effort targeting the country's largest opposition movement. It is the first time a foreigner has been charged, in an apparent escalation of the government's crackdown against the group ahead of this year's legislative elections.

THE ASSOCIATED PRESS

# Have money, will travel

Private jet operators see surge in business as wealthy look for flight options

**For those with deep pockets, there was one way to beat the ash cloud hovering over Europe: hire a private jet.**

Seizing their chance, operators — who had been suffering from a slump in demand due to the global economic crisis — tried to meet a surge in flight requests and make a bundle using their privileged access to the few airports that remained open.

Now that restrictions are slowly being lifted across the continent, the industry is banking on the backlog

## Who's flying the exclusive skies

• Among the discreet world of private aviation, no names have been mentioned. But those who had to resort to its services included Olympic champion Sammy Wanjiru, who said organizers of the London Marathon have

that passengers face on regular airlines to pick up travellers willing to pay almost any price to get home or make that crucial meeting.

And it's not just executives who've scrambled to

arranged for a jet to fly him and two other Kenyan runners to Europe in time for Sunday's race. Eymeric Segard, founder of LunaJets SA, said his company flew an opera singer to Moscow, but declined to provide details.

the exclusive end of the aviation market. Athletes, opera singers and even holiday makers booked themselves onto private jets when all else failed.

"We've had calls from 6

a.m. to midnight," said Eymeric Segard, founder of Geneva-based LunaJets SA. "It's been absolutely hectic." The company saw a 50 per cent rise in demand during the airspace shut-down compared with the previous week, he said.

A one-way journey yesterday from London to Teterboro, New York, cost \$33,400 US for the entire 15-seater jet, while 12 seats on the lesser-travelled route from Boston to Santiago de Compostela, Spain, could be had for \$53,500.

THE ASSOCIATED PRESS

## Airlines' loss close to \$2B: Group

**SKIES** Airlines lost at least \$1.7 billion US in revenue during the volcanic ash crisis, an industry group said yesterday as the debate heated up over whether European governments were justified in shutting down their airspace for so long.

Planes were flying into all of Europe's top airports — London's Heathrow, Paris' Charles de Gaulle and Germany's hub at Frankfurt. Still experts predicted it could take days — even more than a week — to clear a backlog of stranded passengers after about 102,000 flights were cancelled around the world.

THE ASSOCIATED PRESS

## Pakistan Waiting for water



An Afghan refugee child who lives in the slum area of Lahore, Pakistan, waits to get water yesterday. In an unstable nation like Pakistan, water shortages can easily become security threats. So warns South Asia scholar Anatol Lieven: "Water shortages present the greatest future threat to the viability of Pakistan as a state and a society."

## Pope says church will confront scandal

**VATICAN** Pope Benedict XVI pledged yesterday that the Catholic Church would take action to confront the clerical sex abuse scandal, his first public remarks calling for change since the crisis erupted.

It remains to be seen what exactly is in store. Already, the Vatican has told bishops that they must report abusive priests to police if civil laws where they live require it. It has promised "effective measures" to protect children. And Benedict himself has wept alongside abuse victims in Malta.

Advocates for victims are skeptical that real change is afoot, and say that promises have been made before. But

others argue it would be wrong to underestimate the impact of the pontiff's personal involvement in generating reform.

"Pope Benedict is obviously anguished by sexual abuse in the church, as evidenced by his emotional meeting with victims in Malta," said the Rev. Jim Martin, a Jesuit priest and author.

THE ASSOCIATED PRESS



Thai government offers talks with Red Shirt rebels — with a catch.

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**Survivor testifies at Karadzic trial**

A man told the trial of former Bosnian Serb leader Radovan Karadzic that he survived a massacre by feigning death beneath bodies of men gunned down. **THE ASSOCIATED PRESS**

world 13

# Problems cited in TV producer's marriage

**A TV producer's correspondence with his wife, who was found dead at a Mexican resort, indicated problems in their marriage, a prosecutor said yesterday.**

Rodolfo Garcia Pliego, the assistant attorney general of the Caribbean coast state of Quintana Roo, said the mother and sisters of victim Monica Beresford-Redman showed him "a series of exchanges" between the woman and her husband, Bruce Beresford-Redman.

"Excuse me for not releasing the contents of the documents, which showed the state of the relationship," he told reporters after meeting with the family. "It appears there were problems there."

State prosecutors say Beresford-Redman, a former producer of *Survivor* and co-creator of the *Pimp My Ride* show, is a suspect in the slaying of his wife. Her body was discovered



Monica Beresford-Redman's body was found April 8 in Cancun, Mexico.

April 8 in a sewer at the Moon Palace Resort in Cancun two days after the producer said she had failed to return from a shopping trip.

The victim's sister Jeane Burgos told reporters after the meeting that "we have delivered more evidence." "We are happy with the

work authorities are doing to get justice for my sister," Burgos said.

Her mother, Ely Burgos, said: "The killer is in Cancun. Be careful, he is among you. He is cold and cruel." She did not use a name.

Garcia Pliego said he has requested that the woman's remains be turned over to her relatives, noting the husband has not asked for the body. Forensics experts have been carrying out tests on the remains.

The victim's sisters said the marriage was crumbling as a result of a long-term affair that Beresford-Redman was having with another woman and that she had gone on the trip to Mexico in an attempt to save her marriage.

Beresford-Redman has not publicly commented on those reports. He has been barred from leaving Mexico until the investigation is complete. **THE ASSOCIATED PRESS**

# U.K. politician laughs off debate notes left behind in taxi

**LONDON** Secret documents found in a taxi. Private campaign plans publicized in high-octane tabloids. Embarrassing revelations about plans to steal a rival's approach. Instructions to characterize Prime Minister Gordon Brown as "weird."

The saga of the lost and found dossier relating to U.K. Liberal Democrat Leader Nick Clegg's debate preparations has added a new twist to the 2010 general election campaign, already one of closest and most unpredictable in recent British history.

Sloppy staffers seem to be at fault. Someone left handwritten notes advising Clegg on how to handle the upcoming debate with Brown and Conservative party chief David Cameron were left behind in a cab. Inevitably, they were leaked to the Sun newspaper, which published them yesterday.

**"I'm glad to see my top team preparing for government by developing a habit of leaving secret dossiers in the back of cabs."** Liberal Democrat Leader Nick Clegg

The notes show that Clegg — who has made a meteoric rise in the polls since winning the first debate last week — is being told to copy Cameron's approach during the debate Thursday night, which focuses on foreign policy.

"DC (David Cameron) talks a lot in the language of values," the dossier states. "We need to do this."

If imitation is the sincerest form of flattery, Cameron should be glowing with pleasure. But chances are he is not pleased with events — the surprising Clegg surge has tarnished Cameron's oneshiny aura of invincibility.

Previously a distant third, Clegg has drawn close in a

number of respected polls, capitalizing on the public's apparent distrust of the two major parties, who have traded power for decades.

Clegg yesterday laughed off the publication of the debate notes, which his campaign conceded were authentic.

"I'm glad to see my top team preparing for government by developing a habit of leaving secret dossiers in the back of cabs," he said.

It was a reference to the loss in recent years of a handful of secret government documents, including some computerized intelligence files, that were accidentally left in public places, including trains.

**THE ASSOCIATED PRESS**

## News in brief

**SOUTH AFRICA** A luxury train filled with foreign tourists, many of them Americans, sped downhill out of control before derailing yesterday, killing a pregnant woman and another crew member and trapping passengers in the mangled coaches. Rail officials advised

passengers and crew to jump from the train as it sped into Pretoria, South Africa's capital, after their attempts to apply the brakes did not work. The Rovos Rail voyage had begun in Cape Town and was close to its destination in Pretoria when it stopped for what is

usually a routine change from an electric to a steam locomotive, said Nothemba Dali of Metro Rail, which oversees rail service in South Africa's major population centres. The train trip is billed as a re-creation of the golden age of travel.

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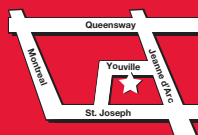
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## Parents may speak for disabled woman: Judge

A Los Angeles judge says the parents of a severely disabled woman can fight for their daughter's right to receive visits from her three-year-old triplets. Abbie Dorn was left unable to move or speak after a botched delivery of the triplets in 2006. **THE ASSOCIATED PRESS**

# 'They should feel threatened'

Website warns South Park creators about alleged blasphemy

**A radical Muslim group has warned the creators of South Park that they could face violent retribution for depicting the prophet Muhammad in a bear suit during last week's episode.**

The website Revolution-Muslim.com has since been taken down, but a cached version shows the message to South Park creators Trey Parker and Matt Stone.

The article's author, Abu Talhah Al-Amrikee, said the men "outright insulted" the religious leader.

The posting showed a gruesome picture of Theo Van Gogh, a Dutch filmmaker who was shot and stabbed to death in an Amsterdam street in 2004 by a fanatic angered by his film about Muslim women. The film was written by a Muslim woman who rejected the Prophet Muhammad as a guide for today's morality.

"We have to warn Matt and Trey that what they are doing is stupid and they will probably wind up like



A radical Muslim group has warned the creators of South Park — Matt Stone, left, and Trey Parker — that they could face violent retribution for depicting the prophet Muhammad in a bear suit during last week's episode.

Theo Van Gogh for airing this show," Al-Amrikee wrote. "This is not a threat, but a warning of the reality of what will likely happen to them."

The posting listed the addresses of Comedy Central's New York office and Parker and Stone's Califor-

nia production office.

It also linked to a Huffington Post article that described a Colorado retreat owned by the two men.

CNN, which first reported the posting, said the New York-based website is known for postings in support of jihad, or holy war,

against the West and Osama bin Laden.

Al-Amrikee told The Associated Press that the posting was made to raise awareness of the issue and to see that it does not happen again. Asked if Parker and Stone should feel threatened by it, he said "they should feel threatened by what they did."

Last week's episode, the 200th for the cheeky and often vulgar cartoon, was intended to feature many of the personalities and groups that Parker and Stone insulted during the series's run. In 2006, Comedy Central banned the men from showing an image of Muhammad on their show. They had intended to comment on the controversy created by a Danish newspaper's publishing of caricatures of the Islamic leader. Muslims consider any physical representation of their prophet to be blasphemous.

Comedy Central and the show's producers would not comment.

**THE ASSOCIATED PRESS**

## Coroner's transcript on OK Corral fight found

**HISTORY** A missing handwritten transcript from a coroner's inquest done after the legendary gunfight at the OK Corral has resurfaced in a dusty box more than 125 years after the most famous shootout in Wild West history.

The document had been missing for decades — last seen when it was photocopied in the 1960s.

It was found when court clerks stumbled on the box while reorganizing files in an old jail storage room in Bisbee, south of Tombstone, the Arizona frontier town where the gunbattle took place.

Stuffed inside the box was a modern manila envelope marked "keep" with the date 1881.

The inquest was done after lawmen Wyatt Earp,

### What's it say?

Officials showed off just one page of the transcript yesterday. It read, in part, "I was present on the afternoon of Oct. 26th '81 when the shooting commenced between outlaw parties." It was written by William Claiborn, a friend of the three dead outlaws.

his two brothers and Doc Holliday confronted a gang of drunken outlaws, sparking a 30-second gunbattle in the streets of Tombstone that killed Frank and Tom McLaury and Bill Clanton. It made folk heroes of Earp and Holliday and inspired numerous movies about the untamed Old West. **THE ASSOCIATED PRESS**

### News in brief

**BRAZIL** An 83-year-old Brazilian priest detained on allegations of sexually abusing young boys has been moved from jail to house arrest and authorities told a newspaper yesterday they're investigating

allegations his accusers extorted money from him.

**U.S.** President Barack Obama said his Supreme Court nominee's stance on abortion is "very important" but not the only factor. **THE ASSOCIATED PRESS**

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## Comment

# Fantastic teachers never forgotten

## Relating

### Sofi Papamarko

metronews.ca/papamarko

You never forget your favourite teacher. I've had some great ones over the years.

Mrs. Metcalfe encouraged my creativity and allowed us to put on our own insane fifth-grade version of *The Phantom Of The Opera*. My middle school teacher, Miss Wilkinson, encouraged lively political debate and wept openly while reading us *Sadako And The Thousand Paper Cranes*. Mr. Chow's dry sense of humour made the multiplication of fractions tolerable. And John Lazarus and I stayed in

email touch years after I took his playwriting course in university.

But it's my kindergarten teacher, Mrs. Williams, who will be my forever-favourite.

Mrs. Williams was kind, patient, fair, calm and much loved. She read us stories, taught us to count to 100 on an abacus and never once raised her voice. I remember her gentle amusement whenever one

of us would slip up and call her "mom."

A few weeks ago, I was unexpectedly reunited with Mrs. Williams. She looked like a smaller and greyer version of her very same self. The rush of emotion I felt at seeing her again surprised me.

For my friend Neil Pasricha, blogger and author of the freshly launched feel-good tome *The Book Of Awesome*, it was his third

grade teacher who stood out above the rest.

"I was pretty much the shyest kid ever," Pasricha recalls.

Mrs. Dorsman encouraged Pasricha to read out loud to the class and had him solve math problems on the blackboard.

Having recently read an article on *The Book Of Awesome* in the *Toronto Star*, Stella Dorsman contacted the author to see if he was

the same Neil Pasricha she taught at Sunset Heights Public School. You can read their correspondence here: <http://1000awesome-things.com> (April 16 post).

Teaching is a difficult and often thankless job. If you've ever had a teacher who made a difference in your life, thank them. It will mean the world.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

## Views

# Learning the value of social networking

## GlobalView

### Mona Eltahawy

metronews.ca/globalview

When the volcano with the unpronounceable name erupted in Iceland, I was co-coined in Oxford, England, attending the Skoll World Forum, an annual conference for social entrepreneurs.

I had no idea what a social entrepreneur was until

I was asked to speak about social networking and its impact on the Middle East. I learned that the inspiring men and women who had gathered at Oxford University applied entrepreneurial principles to solve social problems and help bring about change.

My contribution was to show how women in the Middle East used social networking sites to fight for their rights and to network, thereby building a virtual community, which translated into a community in the real world that offered support and solidarity.

And it was here in London where I became a "volcano refugee" who learned the value of social networking to my own life. Through Facebook I heard from friends all over the world, offering support to soothe the stress of not knowing when I could fly home again.

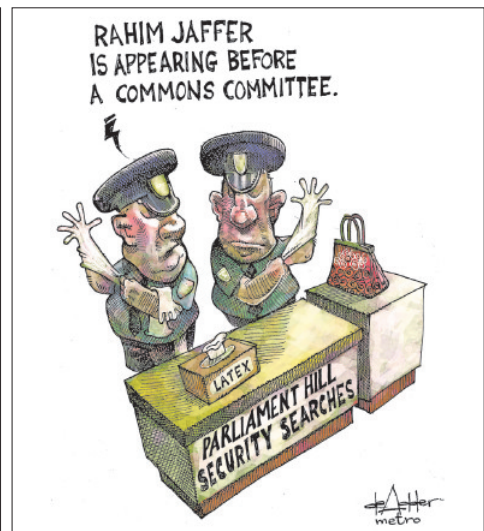
But this "volcano refugee" also remembered the value of old-fashioned networking, too, thanks to "real life" friends who took me in when my flight was cancelled.

Looking up and seeing no planes in the sky was a

stark reminder of just how prehistoric it is to be stranded because of a volcano. But being grounded was a chance, too, for some good old-fashioned rest and a sober reminder that if the uncertainty of being a "volcano refugee" was exhausting, then the trauma of being a refugee was almost impossible to assuage.

When we're forced to slow down, gratitude can come fast and easy.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.



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Movie studio Lions Gate Entertainment Corp. yesterday urged shareholders to reject billionaire investor Carl Icahn's offer to buy up outstanding shares for \$7 each. The board unanimously rejected the buyout offer and said in a statement it was "financially inadequate, opportunistic and coercive." **THE ASSOCIATED PRESS**

# Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Group buyers saving big

**Fiyaz Keshwani has always been one to barter and is never happy paying full price when shopping. So when he found out he could get movie tickets at almost half off by jumping through a few hoops, he figured it'd be worth a little hassle for a great deal.**

The 27-year-old from Edmonton turned to the Internet, collected money from dozens of fellow movie fans online and arranged to buy 1,500 tickets directly through Cineplex Odeon at wholesale prices.

Companies like Costco and Sam's Club have long been known for leveraging the power of bulk buying to

### Gift certificates

- Restaurant gift certificates and spa packages are among the most common offers at sites like Groupon, StealTheDeal, TeamBuy, TeamSave, Waglag and Webpiggy. Most sites focus on Toronto, although StealTheDeal and Waglag offer some deals for Calgary, Edmonton, Halifax, Montreal, Ottawa, Winnipeg and Vancouver users.

get lower prices. Now, consumers are turning to the Internet to find better deals by buying in big numbers.

"It stems from movies being expensive and prices have been going up quite a bit over the years," Keshwani said in explaining why he's organized eight separate movie ticket bulk

purchases so far, which are often called "group buys."

"When I first started, the minimum requirement for tickets was only 300 and so that was in my opinion a very achievable goal, especially when I was taking out 20 to 50 myself. And then it wasn't that hard to get rid of the rest of them. And it

just expanded from there."

Keshwani admits organizing the mass purchase and mailing out all the tickets to buyers is "quite a bit of manual work" but he said it's worth it for the deeply discounted movies. He also receives donations from appreciative buyers who sometimes send him a few extra dollars for his efforts. One grateful buyer even sent him \$80 after buying 300 tickets.

A slew of websites have sprouted up in recent months to take the work out of organizing a group buy and typically offer deals of around 50 per cent off purchases. **THE CANADIAN PRESS**

## 'Be very careful' with 3-D TVs

### TECHNOLOGY

3-D or not 3-D? That's the question many TV lovers are asking now that the three-dimensional experience has come to the small screen.

But one manufacturer's warning may prompt parents and pregnant women to think twice about allowing space heroes and pirates to jump off the screen into their living rooms.

Samsung Electronics Canada, which recently introduced its 3-D TV in this country, admits the company has only now started to study the long-term effects of watching 3-D television using its "active" glasses which shutter on and off. "Your left eye shutters 60

times per second and your right eye shutters 60 times per second (with the glasses)," marketing director Robert Gumiela said in an interview.

"We're not sure how you react to shuttering, but we're issuing this warning: 'Be very careful. If you start to feel dizzy, stop watching.'"

Samsung issued a 3-D warning several weeks ago and Gumiela says it was done "to make sure we're doing our due diligence."

The advisory also urges parents to watch their children for lightheadedness and involuntary movements like eye or muscle twitching. **THE CANADIAN PRESS**

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## Macau Gamblers welcome



Attendants welcome customers yesterday to the casino of Wynn Encore Macau, the newest resort built by Steve Wynn. The billionaire opened his latest hotel and casino in Macau yesterday and said he aims to start building a massive new resort in the Chinese gambling mecca next year.

### In brief

**ENCANA** Encana Corp.'s first quarter profit soared to \$1.48 billion US, three times higher than it was a year earlier, as the accounting impact of its hedging program more than offset lower market prices for natural gas. Canada's largest natural gas company, which reports in U.S. dollars, said yesterday ahead of its annual shareholders meeting that the increased net income was mainly due to \$912 million in unrealized gains from hedging.

**THE CANADIAN PRESS**

## Flaherty rejects global bank tax

**TAX** There is no way Canada will co-operate with attempts to impose a global tax on banks, says Finance Minister Jim Flaherty.

In a speech to a Toronto financial audience yesterday, he lashed out at the international campaign to impose taxes and levies on banks to create a fund in case of future bailouts.

"We believe that Canadian taxpayers should not bear the costs of bailouts of financial institutions in other countries," Flaherty told the conference, a day before heading to Washington to make the same argument to his international colleagues.

The International Monetary Fund has just endorsed the idea, saying G20 countries should make all financial institutions pay into such funds, and should also considering a new tax on bank profits and pay.

But Flaherty said such taxes create an incentive for banks to behave recklessly, since they know they'll be bailed out if worst comes to worst.

"Let me make that even clearer," he said. "Canada will not go down the path of excessive, arbitrary or punitive regulation of its financial sector."

**THE CANADIAN PRESS**

## Facebook Game changer?



Facebook CEO Mark Zuckerberg delivers a keynote address yesterday at a conference in San Francisco. Facebook is spreading its wings to the broader web, a move that could change the way people experience the online world, though it could come with privacy implications. Zuckerberg says the new tools will allow users to see personalized versions of other websites they visit.

## GM CEO says carmaker has repaid government loans

**PAYMENT** General Motors Co. has repaid the \$8.1 billion US in loans it got from the U.S. and Canadian governments, a move its CEO says is a sign automaker is on the road to recovery.

GM CEO Whitacre announced the loan paybacks — \$8.4 billion US including interest — yesterday at the company's Fairfax Assembly Plant in Kansas City, Kansas.

GM had made about \$2 billion in loan payments to the U.S. government and \$384 million to Canada in December and March and had

promised to repay the full loans by June. But company officials have said its cash flow, mainly from the sales of newer models, has been better than expected, allowing it to make the remaining \$5.8 billion in payments early — about \$1.1 billion to Export Development Canada and another \$4.7 billion to the U.S. Treasury Department.

Whitacre also announced that GM is investing \$257 million in the Kansas factory and the Detroit-Hamtramck plant.



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**THE ASSOCIATED PRESS**

**Heineken earnings up despite falling sales**

Dutch brewer Heineken NV says its first-quarter operating earnings rose, despite falling sales as costs declined and it was able to sell more high-margin beer. It said higher volume in Canada more than offset volume softness in the U.S. market. **THE ASSOCIATED PRESS**

## Grocer wants to grow its pharmacy business

**DRUGS** Supermarket giant Metro Inc. remains committed to expanding its pharmacy network despite the pending Ontario government changes that would significantly reduce proceeds to pharmacies from the sale of generic drugs.

The Ontario government is pushing forward with legislation that aims to save \$500 million annually by eliminating professional allowances to pharmacists. Such payments from generic drugmakers to pharmacies help defray the cost of dispensing drugs.

Metro chief executive Eric LaFleche said the company will assess the impact once the final measures are adopted in Ontario.

"But we remain committed to that business and we think we're in a good position to grow in that business," he said.

THE CANADIAN PRESS

## Bonuses on tap at Molson Coors

**BREWING** Soaring profits last year prompted Molson Coors to open the financial taps to reward the brewer's senior executives with large bonus and stock option increases.

Chief executive Peter Swinburn, 58, received more than \$9.4 million US in total compensation, up from \$6 million in 2008, according to a proxy circular filed with U.S. regulators. The British native who has headed Molson Coors since July 2008 earned \$2.1 million in bonus last year, up from \$824,000 a year earlier.

Molson Coors saw its profits increase by more than 90 per cent to \$720.4 million last year despite a three per cent drop in beer volume. It also achieved \$92 million in cost savings.

Molson Canada president and CEO David Perkins, 56, earned nearly \$3.79 million last year, including a \$551,000 base salary. His predecessor, Kevin Boyce, got \$5.2 million, including two years base salary and bonuses, after his employment was terminated June 5.

THE CANADIAN PRESS

# Loonie hampers pension growth

**A major investment services firm suggests the Canadian pension crisis may be winding down, despite the drag caused by a persistently high loonie.**

RBC Dexia Investor Services says Canadian pension assets have gained in value for four straight quarters,

growing 22.1 per cent over the 12 months ended March 31.

However, RBC Dexia says the high value of the Canadian dollar hampered growth somewhat, saying currency losses outpaced

stock market gains.

The firm's analysis of a selection of pensions with \$340 billion in assets found domestic equity drove the recovery, growing 44.7 per cent over the year.

But the loonie's 23 per

cent surge over the year resulted in a 0.1 per cent loss for pensions when their foreign assets were converted into Canadian dollars.

RBC Dexia's director of advisory services, Don McDougall, says the first quarter of 2009 may have

"marked the end of the financial crisis for Canadian pensions."

Pensions have been hammered in recent years by low interest rates for long-term bonds, volatile stock markets and the global recession.

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Guy Carbonneau finally caught a glimpse of the Canadian team he envisioned coaching at the IIHF World U18 Championship. Jordan Weal had two goals and an assist yesterday as Canada avoided relegation with a 5-1 victory over Latvia. **THE CANADIAN PRESS**

**Canada avoids relegation**

# Sports

EDITOR: DON.MCHOULL@METRONEWS.CA



## Creator of Twins logo dies

The St. Paul illustrator who created the enduring Minnesota Twins logo of two players shaking hands across a river has died of cancer at age 80. Ray Barton was paid \$15 in 1961 to create the image, never thinking it would become the team's official logo. It's displayed on the Twins' uniforms and pennants and was turned into a giant sign that looms over the outfield at the team's new ballpark.

THE ASSOCIATED PRESS



Ottawa's Pascal Leclaire makes a big pad save against the Penguins during Game 4 of the Eastern Conference quarter-finals at Scotiabank Place on Tuesday.

## Sens' season on the line

Club won't say who'll start in net

After spending most of the first four games of the series as a spectator, Pascal Leclaire may just get the call to try and help save the Senators' season Thursday night against the Pittsburgh Penguins.

Or he may not. Senators coach Cory Clouston wouldn't say whether Ottawa would stick with Brian Elliott or make the switch to Leclaire in goal before leaving for Pittsburgh yesterday. Regardless of his choice of netminder, the plan for Game 5 is still the same — win and stay alive in the best-of-seven Eastern Conference quarter-final.

“We know who we’re going to start, we’re just going to stick with announcing it the day of the game like we always have,” said Clouston, who pulled Elliott in the second period Tuesday night after Elliott gave up four goals on 15 shots en route to an eventual 7-4 loss.

However, the coach refuses to blame his netminder for the predicament Ottawa finds itself in: trailing the reigning Stanley Cup champions 3-1 and head-

ing back to their arena needing a victory tonight (7 p.m., CBC, RDS) to extend the season.

“It’s easy to point fingers, it really is, but as a team we have to be better,” Clouston said. “We’re playing a team that capitalizes on their chances. The mistakes we’ve made, they made us pay for them. We haven’t done the same to them. ... Obviously, it magnifies our mistakes and it magnifies our goal-tenders.”

Leclaire, making his first playoff appearance, came on in relief and gave up three goals, including Maxime Talbot’s short-handed game-winner on 23 shots and, since the Senators need some kind of shake-up, speculation is that he could make his first playoff start.

“We’re still alive. Nothing’s over yet,” Leclaire said. “There’s urgency and obviously we’ve dug ourselves a bit of a hole, but, at the same time, it’s a big challenge for us and a fun building to go in and play and we’ll have a chance to get back in the series.”

THE CANADIAN PRESS

### Sports in brief

**SOCCER** Gabriel Agbonlahor and James Milner fired Aston Villa to a 2-0 victory at Hull yesterday to maintain its slim chance of capturing fourth place in the Premier League and push the home side closer to relegation. Aston Villa climbed one place to sixth in the standings, but still three points behind fourth place Tottenham which has a game in hand.

**SOCCER** Arjen Robben scored a second half winner as Bayern Munich beat Lyon 1-0 in the first leg of a Champions League semifinal yesterday which both sides finished with 10 men.

**BLUE JAYS** Toronto Blue Jays pitcher Brian Tallet is

scheduled to undergo an MRI on his forearm on Thursday, when the team hopes to identify an injury that landed the veteran starter on the disabled list amid a flurry of moves announced yesterday afternoon. Edwin Encarnacion had also been placed on the 15-day disabled list with an arm injury. **NBA** Oklahoma City Thunder coach Scott Brooks has been named the NBA’s coach of the year after engineering the league’s best turnaround. The Thunder won 27 more games this season than they did a year ago, going 50-32 and earning the No. 8 seed in the Western Conference playoffs with the NBA’s youngest roster.

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## Capitals take stranglehold

(Washington leads 3-1)

Capitals 6 Canadiens 3



**NHL** Alex Ovechkin scored two goals and Semyon Varlamov made 36 saves as the Washington Capitals defeated the Montreal Canadiens 6-3 last night to put a chokehold on the first-round NHL playoff series.

The Capitals lead the best-of-seven Eastern Conference quarter-final 3-1 and can wrap it up with a victory on home in on Friday night.

Mike Knuble also scored twice and Jason Chimera and Nicklas Backstrom each had one for Washing-

### Anthem

• A scoreboard announcement appealed to fans to respect the U.S. anthem before the game and while a few tried to get a ‘go Habs go’ chant going, as they did before Game 3, by the end, all were quiet.

ton, although only four of the goals were on Carey Price, who replaced Jaroslav Halak as the Canadiens starter. Knuble’s second and Backstrom’s goal were into empty nets between a late goal by Montreal’s Dominic Moore.

Mike Cammalleri and Brian Gionta also scored for the Canadiens, who outshot Washington 39-38.

THE CANADIAN PRESS



Ben Roethlisberger of the Pittsburgh Steelers practices on Monday at the team's training facility in Pittsburgh.

## Roethlisberger hit with suspension

**NFL** Pittsburgh Steelers quarterback Ben Roethlisberger was suspended for six games without pay yesterday for violating the NFL’s personal conduct policy and ordered to undergo behavioural evaluation.

Commissioner Roger Goodell handed down the punishment a week after prosecutors decided not to charge Roethlisberger in a case involving a 20-year-old college student who accused him of sexually assaulting her in a Georgia nightclub in March.

Goodell said the league’s conduct policy gave him the right to impose discipline regardless of whether he broke the law. “I recognize that the allegations in Georgia were disputed and that they did not result in criminal charges being filed against you,” he said in his letter to the two-time Super Bowl winner, a six-year veteran. “My decision today is not based on a finding that you violated Georgia law, or on

\$2.8M

Sitting out all six games would cost Ben Roethlisberger an estimated \$2.8 million US.

a conclusion that differs from that of the local prosecutor. That said, you are held to a higher standard as an NFL player, and there is nothing about your conduct in Milledgeville that can remotely be described as admirable, responsible, or consistent with either the values of the league or the expectations of our fans.”

Roethlisberger must undergo a “comprehensive behavioural evaluation by medical professionals” and may not attend any team off-season activities until that evaluation is completed.

The suspension could be reduced to four games for good behaviour.

THE ASSOCIATED PRESS

### SCOREBOARD

#### NHL PLAYOFFS

##### YESTERDAY'S RESULTS

Washington 6 Montreal 3  
Boston 3 Buffalo 2 (2OT)  
Vancouver at Los Angeles

##### TODAY'S GAMES

Philadelphia at New Jersey, 7 p.m.  
OTTAWA at Pittsburgh, 7 p.m.  
Chicago at Nashville, 8:30 p.m.  
Colorado at San Jose, 10:30 p.m.

#### NBA PLAYOFFS

##### YESTERDAY'S RESULTS

Orlando 92 Charlotte 77  
San Antonio at Dallas

#### BASEBALL

##### YESTERDAY'S AL RESULTS

Kansas City 4 Toronto 3 (10 infs)  
Minnesota 6 Cleveland 0  
Texas at Boston  
Tampa Bay at Chicago White Sox  
Detroit at L.A. Angels  
N.Y. Yankees at Oakland  
Baltimore at Seattle

#### YESTERDAY'S NL RESULTS

Milwaukee 8 Pittsburgh 0  
Philadelphia 2 Atlanta 0  
San Diego 5 San Francisco 2  
Washington 6 Colorado 4  
Chicago Cubs at N.Y. Mets  
L.A. Dodgers at Cincinnati  
Florida at Houston  
St. Louis at Arizona

#### NFL DRAFT

##### TODAY'S FIRST ROUND SELECTION ORDER

1. St. Louis; 2. Detroit; 3. Tampa Bay; 4. Washington; 5. Kansas City; 6. Seattle; 7. Cleveland; 8. Oakland; 9. Buffalo; 10. Jacksonville.

11. x-Denver (from Chicago); 12. Miami; 13. San Francisco; 14. Seattle; 15. N.Y. Giants; 16. x-Tennessee; 17. x-San Francisco (from Carolina); 18. Pittsburgh; 19. x-Atlanta; 20. x-Houston.

21. Cincinnati; 22. New England; 23. Green Bay; 24. Philadelphia; 25. Baltimore; 26. Arizona; 27. Dallas; 28. San Diego; 29. N.Y. Jets; 30. Minnesota.

31. Indianapolis; 32. New Orleans.

# Our Oceans, Our Planet



INSIDE ▶

## **The Blue Wave**

We have come a long way since the Blue Box pilot project in Kitchener – see what the next steps are

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## **Sustainable Choice**

With major partners on board, Loblaw is leading the charge to reduce fish stock exploitation

**page 4**

## **Green Tech**

After 20 years and counting, Toshiba's commitment to the environment continues through new products and business practices

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Leading Innovation >>>

# Our Oceans, Our Planet

It was just 30 years ago that the first blue box became a part of life ~ by Ylva Van Buuren

In fact, 250 hand-assembled blue boxes were distributed in a Kitchener, Ontario neighbourhood with instructions to separate bottles, cans, and newspapers out of the garbage so the city could pick them up separately.

"It was a highly successful pilot project... and within 15 years, every household in the province had a blue box," explains Derek Stephenson, President, StewardEdge Inc., and the man who spearheaded the program. Of course, blue boxes are now part of the landscape across Canada, and this kind of recycling has extended throughout the United States (just the colour of the box is different) and into parts of Europe too. Our blue box program is just one example of how Canada has taken a leading role in environmental protection.

"It is crucial that environmental awareness become part of our value system—and that's what has happened," says Stephenson. "People want to do the right thing—and will participate when they believe they are."

Another great example of how change occurs is when Canadians made the link between everyday products such as hairspray and deodorant and the widening hole in the ozone layer. The movement to remove the offending chemicals, called CFCs, led to the

1989 Montreal Protocol, which banned CFCs and ultimately became one of the most widely-adopted protocols around the world!

Environmental awareness—and action—is now widespread, whether it involves purchasing a green product, taking public transportation, changing the type of light bulbs you use, or taking part in activities such as the Green Living Show (this weekend), Canadian Environment Week, and Clean Air Day (in June). Earlier this month, hundreds of millions of people across the globe—a record 126 countries and territories—turned their lights off for Earth Hour in support of the World Wildlife Fund-led initiative.

But challenges still remain and the biggest one is to lighten our environmental footprint across the board. "People need to reduce, reuse, recycle—and re-think," says Stephenson. "It's important to ask yourself: What is the impact of what I am doing, and can I do it with a smaller environmental footprint?"

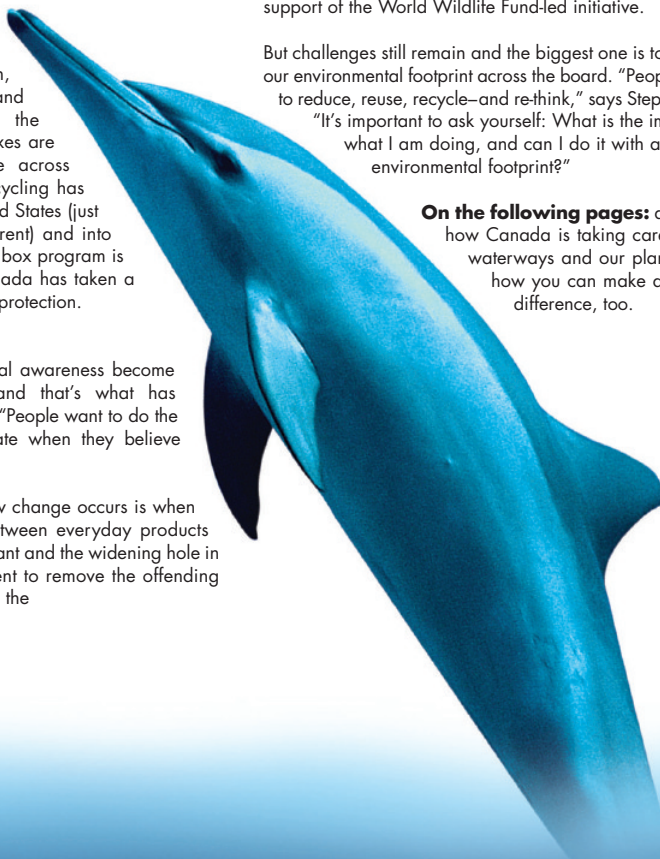
**On the following pages:** a look at how Canada is taking care of our waterways and our planet—and how you can make a bigger difference, too.

## Every Little Bit Counts

If you were one of the more than 10 million adult Canadians who turned off the lights to mark Earth Hour this year, you helped to place this country, once again, at the top of the list for global participation. But organizers say the no-power hour accomplished much more than temporarily shrink the country's electricity load.

The idea, says Keith Stewart, director of the climate change program with World Wildlife Fund Canada, was to put the spotlight on how little changes can add up to make a big difference.

If every Canadian, for example, switched one regular light bulb for an energy-efficient compact fluorescent (CFL) bulb, the World Wildlife Fund estimates it would be equal to taking 57,000 cars off the road. Also, if just nine families regularly walked their kids to school instead of driving them, they could prevent almost 1,000 kg of carbon dioxide from being released into the atmosphere.



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# Water, water – everywhere

Programs aim to reclaim our fresh water ~ *by Alex Newman*

"Although it is important today to be aware of how much water you are using and possibly wasting (Canadians consume a whopping 4,400 litres of water per day per person), water quality is becoming a big issue too," says Mark Mattson, director of the non-profit watchdog organization, Waterkeepers. "In fact, water may be a bigger polluter than air," he says.

But when it comes to water, it's not all bad news. Provincial and federal governments have cranked up their efforts to help protect waterways, funding cities to rebuild water system infrastructures that have been neglected with the past several decades of growth, says Mattson.

The Canadian Council of Ministers of the Environment (CCME), a 15-year-old forum for collaborating on environmental issues, has devised a national action plan to increase municipal water use efficiency and to protect drinking water from source to tap.

To address potential water shortages, Agriculture Canada is looking at ways to capture water during spring snow melt for storage behind dams or in reservoirs to use for later irrigation. The ministry is also investigating use of lower-moisture crops and management practices for improving crop production.

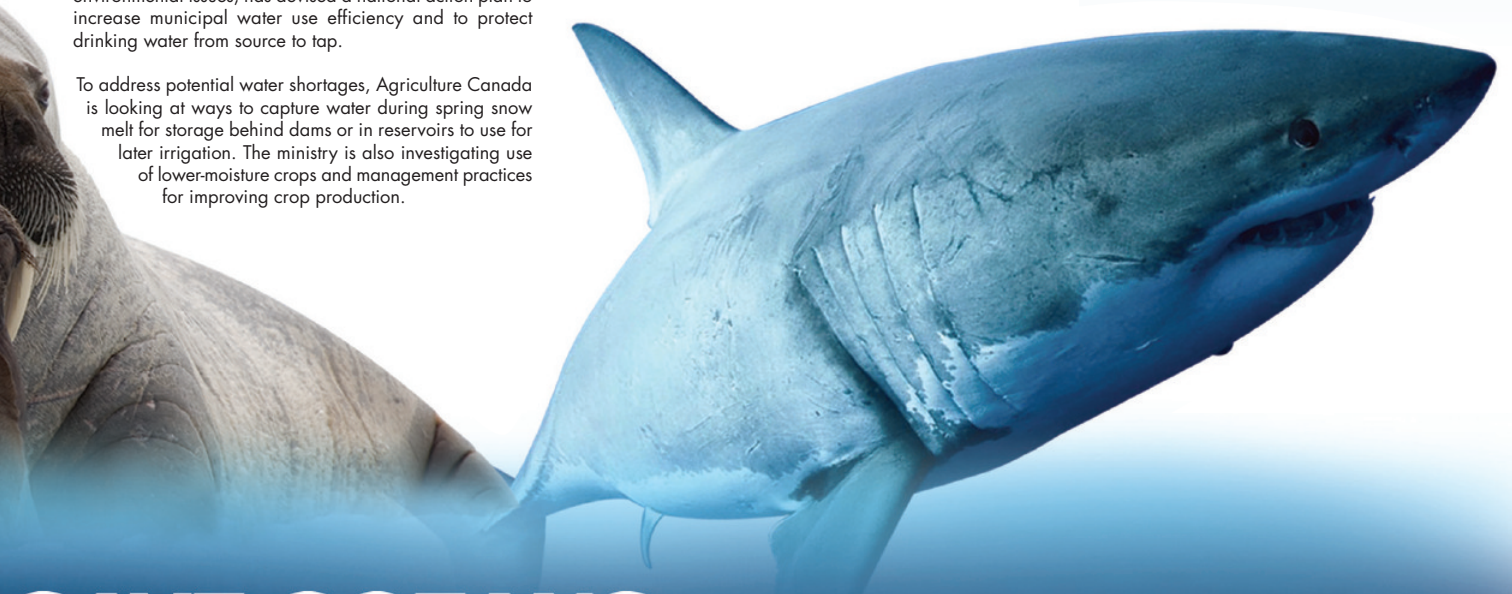
April also marks a major environmental success story in Canada. Mattson explains, "The opening of the causeway gates on the Petitcodiac River in Moncton has launched the biggest fish restoration project in the world and will take the river off the endangered list!"

#### What you can do:

- Reduce water consumption: run full dishwasher loads, trade in your old toilet for a low flow model, buy a front load washer, collect rainwater for the garden
- Divert waste that can leach into the water table at garbage sites: properly dispose of wet food wastes (in compost), leftover medicines (return to your drugstore who will dispose of it safely), and chemicals such as leftover paint, varsol, etc. (bring to a drop off depot; check your municipality for the location)
- Check out [waterkeepers.ca](http://waterkeepers.ca) or, better yet, start your own local chapter
- Help clean up shorelines by volunteering for the Great Canadian Shore Cleanup (Sept 18-26, 2010) [www.shorelinecleanup.ca](http://www.shorelinecleanup.ca)

#### Steps That Add Up

- Turn off the water while brushing your teeth or shaving
- Pass on the plasma TV—it uses five times as much energy as other models
- Unplug electronics when not in use, or use a power bar
- Shower, don't bathe, and keep it short—switch to a low-flow shower head
- Cook with a microwave, electric frying pan, toaster oven or slow cooker rather than stovetop or oven
- Don't shop, swap—organize a book or clothing exchange with friends or make use of online sites such as Kijiji or Freecycle
- Place chairs next to windows for daytime reading
- Try carpooling and telecommuting at work
- Avoid plane travel if possible
- Use a laptop instead of a desktop
- Print on both sides of your paper
- Use a mug at the office instead of disposable cups
- Set up a Walking School Bus for your children's school via [www.saferoutestoschool.ca](http://www.saferoutestoschool.ca)



**SAVE OCEANS.**  
and Help Save Our Coral Reefs!

**ans**

PIERCE BROSNA

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[facebook.com/WaltDisneyStudiosCanada](http://facebook.com/WaltDisneyStudiosCanada)

# Loblaw Offers Sustainable Choice

Local and sustainable sources are Loblaw's top priority ~ by Lori Dance



The world's oceans are facing an unprecedented crisis, with much of the world's fish stock either fully exploited or over-exploited. As well, the impact of carbon consumption is prompting consumers to look closer to home for their produce. Loblaw has taken these concepts to heart by setting goals that address the need for sustainability and environmental responsibility.

In 2009, Loblaw announced a comprehensive sustainable seafood initiative, committing to source 100% of seafood sold in their stores from sustainable sources by the end of 2013; this covers all canned, frozen, fresh, wild, and farmed seafood products in all categories—both private label and national brands.

To help them achieve their goal, Loblaw is partnering with WWF-Canada, the Marine Stewardship Council (MSC), marine scientists, conservation experts, and fisheries. "This initiative is one of the most ambitious and comprehensive steps we have seen from a grocery retailer in Canada and, indeed, the world," says Gerald Butts, President and CEO of WWF-Canada ([www.wwf.ca](http://www.wwf.ca)). "When fulfilled, the Loblaw initiative will go a long way to help conserve the well being of our oceans and marine life, setting an important example for other retailers to follow."

The Marine Stewardship Council ([www.msc.org](http://www.msc.org)) is currently the only certification system that meets all of Loblaw's needs for wild-caught seafood, is global in scope, and is supported by leading international conservation organizations. Loblaw is committed to offering customers sustainable choices and continues to expand their line of Marine Stewardship Council (MSC)-certified products. They now offer 16 MSC-certified products in their stores, the most of any Canadian retailer. As well, as certain species are found to be at risk, Loblaw will temporarily suspend sales in their stores until a sustainable source is found.



For more information on their commitment to sustainability, visit their Facebook Fan Page at [www.facebook.com/LoblawSustainableSeafood](http://www.facebook.com/LoblawSustainableSeafood)

## University of Guelph Partnership

Loblaw's sustainability efforts don't just end on the shoreline, however. A \$3-million gift in April has enabled the University of Guelph ([www.uoguelph.ca](http://www.uoguelph.ca)) to create the Loblaw Companies Limited Chair in Sustainable Food Production, the centre of the University's research focus on creating robust food production systems through education, research, practice, and outreach. "Working together, we can address the very issues that are at the root of today's global pressures around food sustainability," explains Galen G. Weston, executive chairman of Loblaw Companies Limited. "Through this initiative, we believe we can help to increase Canada's capacity to produce food sustainably, train tomorrow's industry leaders, contribute to policy development, meet consumers' needs, and nurture our environment. It represents the defining strategy for Loblaw over the next two decades."

## Grown Close to Home™ program

To address the demand for locally grown produce, Loblaw supports local Canadian farmers and economies to bring Canadians exceptional flavours of produce picked at its peak. They partner with more than 400 growers across Canada. Over the past two years, the Grown Close to Home™ program has increased produce sales by more than 16% during the local harvest period.

# Reducing the Carbon Footprint

Loblaw's commitment to waste and emissions reduction

It may surprise you to know that the grocery industry deals with the issue of waste on a daily basis in the form of wood pallets, plastic and cardboard packaging, glass bottles and cans, plastic shopping bags, and food that goes bad and runs short of its code life. As well, the amount of fuel necessary to transport goods through the supply chain has a significant impact on a supermarket's carbon footprint.

Since 2007, Loblaw has been working towards diverting 70% of their generated waste away from landfill, a goal that has already been achieved in their Atlantic corporate stores. Their approach is to focus on the areas where we can make the biggest impact: reduce, reuse and recycle where we can; use our own brands to innovate and drive change; and collaborate with municipalities, private industry and other key stakeholders to build infrastructure and markets.

In 2009, Loblaw introduced new initiatives to reduce their carbon production from the transportation of goods through their supply chain. Bunk heaters in tractor cabs keep drivers warm in the cold winter months, lowering fuel consumption from 4.0 litres per hour (when a tractor idles) to 0.2 litres per hour. Multi-axle trailers for their primary freight routes in Ontario and Quebec enable trucks to pull more weight using the same power source. In 2009, they recapped 80% of their tires instead of replacing them (production of a new tire uses approximately 83 litres of oil, while the recapping process uses only 26 litres). And finally, they reduced the maximum speed limit for their fleet to increase fuel efficiency, reduce wear and tear on equipment, and mitigate the risk of accidents.



To address the issue of food spoilage, Loblaw established partnerships with two companies in developing biogas facilities that will convert organic waste from select stores into a renewable energy source. As well, they have well-established processes for reclaiming unsaleable products and sending them to food banks whenever possible.

In 2009, Loblaw enlisted the help of their customers in reducing waste by no longer providing complimentary plastic shopping bags at checkout. In 2009 alone, these actions led to a 55% reduction in the use of plastic bags coming from their stores.

Minimizing the carbon footprint of the grocery industry is an incredibly daunting task. The challenges supermarkets face in mitigating their waste and fuel expenditure are often too easy to overlook and simply ignore in favour of maximizing their own bottom line. It's good to see a company such as Loblaw take steps to reduce its environmental impact.

# Saving Energy in Loblaw's Supermarkets

Approximately 73% of Loblaw's carbon footprint is the result of the energy used in stores, distribution centres, and offices. Some of the energy efficiency improvements made at new and existing stores include:

- Replacing open freezers with closed-door units that reduce the amount of air that escapes
- Adding pull-down curtains to refrigerated cases
- Upgrading lighting systems to include motion-activated LED lighting in freezer cases and in low traffic areas of the store

- Installing automatic energy management systems which reduce lighting and energy use during hours of non-operation and ensure that mechanical, electrical, and refrigeration systems operate at maximum efficiency

## Award Nominees Pave the Environmental Way

Environmental awards are a great way to learn how to make changes that make a difference ~ *Gilda Swartz*

The 2010 Green Toronto Awards, for example, recognize individuals, organizations and companies that are leading the way to a cleaner, greener and more livable city. Nine winners will be announced at the Green Living Show in Toronto on April 23. Here is a close-up look at three of the 27 nominees – what makes them special and how you can follow their lead. For more information, visit [www.greenlivingonline.com](http://www.greenlivingonline.com)

### Turn nature into your playground

Most of us don't have easy access to fields and forests. That's why Bienenstock Natural Playgrounds (BNP) creates play areas that include fallen logs, hills, boulders and native plants. Bienenstock playgrounds, which meet all safety standards, are in parks, at childcare centres, YMCAs and other public spaces across Canada.

#### What you can do:

Take a hike – or bike – on your nearest nature trail. Include a nature guidebook and check out trees, insects and wildlife. Keep a list of what you see along the way.

### Make your community more livable

With the help of 10,000 volunteers Evergreen, a national charity, has planted more than 50,000 trees and shrubs in Vancouver, Toronto and other urban centres, helped 140 youth turn 18 barren plots into wildflower gardens, and is transforming Toronto's once-deserted Don Valley Brick Works into an environmental centre. Evergreen offers grants, resources and workshops to people who want to green their communities.

#### What you can do:

Volunteer at a community garden or a tree-planting event. Support local food producers by buying their fruits, vegetables, wines and cheeses. Donate money to environmental programs.

### Conserve and win

Wilmar Court is a seniors' housing project with young ideas about sustainable living. The 72-unit apartment in Scarborough, Ont., installed solar panels to pre-heat its hot water. Organic mulch enriches the grounds, and low-energy bulbs light the building.

#### What you can do:

At home, use biodegradable soaps and cleaners, buy compact fluorescent bulbs, use rain barrels to collect rainwater run-off, choose low VOC paints, mulch your garden naturally and install energy-efficient toilets.

## Other Green Awards

- Earth Day Canada recognizes the importance of personal environmental achievement with their Hometown Heroes Awards
- The Royal Canadian Geographical Society and 3M Canada has a Canadian Award for Environmental Innovation to celebrate individuals involved in a project that protects, restores, or preserves the environment



## Nature is powerful.

Bring the power of plant-based cleaning ingredients into your home with Green Works™ All-Purpose Cleaner. It's tough on grease and grime, but made with 99% natural ingredients. So like all Green Works™ products, you can trust it to clean effectively with no harsh chemical fumes or residue. Visit [Clorox.ca](http://Clorox.ca) to learn more.



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# Taking a Greener Initiative

Toshiba Canada practices what they preach ~ by Lori Dance

**We've all read about how companies are rolling out new product lines that use less energy and are better for the environment. But how far are they willing to go to prove their commitment to the environment when nobody else is looking?**

"Toshiba has a 20-year history of environmental commitment and takes a long-term approach to helping better the environment by setting goals well into the future—such as the Toshiba Group's global Environmental Vision 2050," says Ralph Hyatt, President and CEO of Toshiba of Canada. "Based on the Kyoto Protocol, this program promises to improve our eco-efficiency by a factor of ten over the year 2000 through strict monitoring of our energy usage, manufacturing process improvements, and eco-conscious product development that will help make a difference today and for future generations."

The Toshiba Environmental Vision 2050 program seeks to reduce emissions of carbon dioxide by the equivalent of 117.7 million tons per year by 2025 and raise overall eco-efficiency tenfold by 2050 (compared to 2000). Just two years ago, 51% of Toshiba sites worldwide achieved zero emissions of waste, and 89% of Toshiba products did not contain any of a list of 15 harmful substances, including PCBs, Ozone-depleting substances, Cadmium, Lead, and

Mercury. And two years from now, Toshiba has set a target to achieve zero emissions of waste at all Toshiba sites worldwide, and 100% of Toshiba products will be free from 15 harmful substances.

Potential suppliers take a stringent, 22-point environmental performance survey, and priority is then assigned to companies with the highest survey scores. This not only results in greener products, but it also gives suppliers the incentives and resources needed to improve their environmental practices.

Their commitment to the environment doesn't just end at the manufacturing stage, however. At their Markham head office, employees receive a reusable mug when they begin their employment, and china and biodegradable containers have replaced Styrofoam in their cafeterias. Electronics and lights are turned off when not in use, programmable thermostats have been installed throughout the building, and employees are urged to exercise responsible printing practices (when printing is necessary, double-sided is the way to go). Their current average

percentage of waste that goes to the landfill is 12.4%—by the end of this year, they hope to meet the Toshiba corporate global objective.

Toshiba's sponsorships also demonstrate their sense of environmental responsibility. In the past, Toshiba of Canada has partnered with Scouts Canada to provide a "Leave No Trace" environmental education program for leaders and youth and, this year, Toshiba is sponsoring the Hugh Garner Housing Co-Operative Green Roof program, providing over 70 trees and shrubs for what will be the largest residential green roof in Ontario. Toshiba employees have also organized a park clean up at Milne Park and have planted trees as part of the "Trees for Tomorrow" program in Markham.

So what does the future hold for Toshiba's commitment to the environment? Well, it appears as though they've set the bar pretty high for themselves, both internally and in their public practices. It will be interesting to see how they manage to reach these lofty goals and make new ones in the years to come.



## Lowering Your Energy Bill

Electronics go environmental in this year's Toshiba lineup

**It's April 22 again, and you're likely hearing the same old green tips: Use compact fluorescent bulbs. Turn off the water when you're brushing your teeth. Turn on only what you're using. But did you know that upgrading your electronics is one way you can help save the environment? We took a look at a couple of products from Toshiba's lineup to see how we can justify the purchase of some shiny new toys...**

If you're in the market for a new television, you're in luck. All REGZA TVs from 2009 onward have earned the ENERGY STAR label which, in 2010, raised its requirements from the previous ENERGY STAR 3.0 to 4.0 to limit power consumption in On and Standby modes—simply put, they use less energy, which saves both money and environmental impact.

In fact, Toshiba's current REGZA lineup of 2010 LED backlit TVs use 30–42% less energy than the previous LCD series that used CCFL (Cold Cathode Fluorescent Lamps) for backlighting. As well, if you're looking to make the leap to a brand-new slimmer and lighter LED TV, you can justify your purchase with the fact that TVs with LED backlighting are mercury free, emit less heat, and are more energy efficient than their predecessors—and all current REGZA TVs contain recycled plastics from old TVs!

If it's a notebook you're after, it may interest you that Toshiba Consumer and Commercial notebooks from 2010 onwards are EPEAT (Electronic Product Environmental

Assessment Tool) Gold and Energy Star 5.0 certified, which means that they contain reduced levels of cadmium, lead, and mercury—and they're more energy efficient and easier to upgrade and recycle.

The Portégé R600 notebook from Toshiba has an LED backlit display, the latest CPUs, and the use of a solid state drive, which translates into low energy consumption and a longer battery life. As well, the factory in which the Portégé series is manufactured recovers and recycles waste generated during the manufacturing process.

So whether you're looking for a sleek new TV that's easier on the eyes (and your energy bill) or you'd like to pick up a notebook that goes longer between charges, it looks like Toshiba's lineup this year has what you're after. And it's better for the environment. So go ahead and spoil yourself.



## Recycle Your Electronics for Free

The TERRE program does the legwork for you

*When non-functioning electronics are simply thrown out, they are sent to landfills where toxic elements can seep into our ecosystem and can pose a significant risk to our health and the environment. But did you know that there's a program in Canada that allows you to recycle your old products with just a few keystrokes?*

Toshiba's Environmental Recovery and Recycling Effort (TERRE) is a program that will pick up your non-functioning notebook computer, projector, LCD monitor, or Pocket PC (regardless of manufacturer) and ensure that it is disposed of in an environmentally respectful manner—at no cost to you.

*The components of your electronics are separated to maximize their usefulness in their next application: Plastics are recycled into useful materials such as building foundation pads, agricultural containers, and plastic lumber; circuit boards are smelted; and metal portions are reprocessed into basic commodities such as copper, aluminum, and steel.*

On a global level, Toshiba is targeting the collection and recycling of 146 million pounds (73,000 tons) of e-waste in 2010. For those products that can't be reused or recycled, Toshiba will facilitate safe and proper disposal.

Simply visit [www.toshiba.ca/terre](http://www.toshiba.ca/terre) for more information and instructions on how to recycle your electronics easily and responsibly.



# Leading innovation leads to a better world.

**When it comes to building our award-winning products, we believe less is more.**

So we minimize waste and use recycled materials wherever we can, while constantly looking for ways to reduce energy consumption. Our own recycling programs keep discarded technology from fouling the soil and atmosphere, as does our devotion to worldwide environmental initiatives. Plus, we check to see that the people who make the materials that go into our products follow earth-friendly practices just as we do so we can all enjoy the latest technologies amid a cleaner, more sustainable world.

**[Toshiba.ca/environment](http://Toshiba.ca/environment)**



**TOSHIBA**  
Leading Innovation >>>

# the way we do **BUSINESS**



Waste is a concern for Loblaws and for our industry. We have more than one thousand stores that generate waste in many forms, including, up until recently, millions of plastic shopping bags, most of which wound up in landfill. In 2007, we pledged to divert one billion plastic bags from landfill by the end of 2009. But that's not all we are doing. The company

launched a comprehensive store-level waste diversion program with a goal of diverting 70% of waste from landfill.

A responsible approach to business is part of what we do everyday. We care about the impact of our operations and believe that Loblaws can make a difference in ways that are good for the environment and good for business.

We are committed to reducing our environmental impact by finding effective ways to divert waste from landfills. We aim to inspire and help our customers, suppliers and others to do the same.

Here are some of the targets we have been focusing on and our achievements.

**GALEN G. WESTON**  
EXECUTIVE CHAIRMAN

## waste diversion

Since 2007, we have been working towards our goal of diverting at least 70% of waste from our stores and distribution centres nationally from landfill.

**1.3 billion**  
plastic bags diverted from landfill

Thanks to the tremendous response of our customers, who shared our concern for protecting the environment, we achieved our goal of diverting more than one billion plastic bags from landfill.

## organic waste used to produce energy

In 2009, we established partnerships with two companies developing biogas facilities that will convert organic waste from select stores into a renewable energy source

## energy from the sun

In 2009, we participated in the Ontario rooftop photovoltaic (PV) project following the provincial government introduction of the feed-in tariff (FIT) program to encourage green energy initiatives. The program offers stable prices under long-term contracts for energy generated from renewable sources, such as bio-energy, solar PV and wind.

In 2010, we will execute four rooftop photovoltaic projects in Ontario.

## grown close to home™

As a proudly Canadian company, we are committed to supporting local Canadian farmers and economies and to bringing Canadians the exceptional flavours of produce picked at its peak.

## sustainable sourcing

In 2009, we launched a comprehensive sustainable seafood initiative; committing to source 100% of seafood from sustainable sources by year end 2013. This commitment covers all canned, frozen, fresh, wild and farmed seafood products, in all categories, private label and national brands.

To help us live up to our commitment, we are partnering with WWF-Canada, MSC, marine scientists, conservation experts and fisheries.

**Did you know?**

On average, the amounts of time volunteered by women and by men were the same: 76 hours annually in 2004. **HUMAN RESOURCES AND SKILLS DEVELOPMENT CANADA**

NATIONAL

# Volunteer Week

EDITOR: SARAH.CAIRNS@METRONEWS.CA

INFORMATION FEATURE

## Canada's volunteers keeping Canadian business strong

**Volunteering may not pay well, but for men and women across Canada, the volunteer experience brings benefits aplenty.**

Case in point: Rogers TV, where volunteers comprise up to 90 per cent of the staff in community television stations like Toronto's Cable 10 (63 in Scarborough) and Ottawa's Cable 22 (23 en français TVRogers). At these major-market stations, you'll find volunteers placing microphones, operating cameras, editing footage, and even presenting stories on-air.

Why do they do it? Some are high school students, completing co-op courses; others seek the training as part of a college diploma program, or to bolster their resumes. A few hope for future positions with Rogers TV. Many more view volunteering as a way to give back to their communities. But no matter what drives them, these people do vital work. They are needed.

"Volunteers form the nucleus of community television," says Bruce Matheson, Rogers TV's senior director of development. "Without community involvement, you're just another TV station. So our

program mandate is to involve the local community in its programming as much as possible."

The community certainly likes to get involved. Toronto volunteer positions are so highly sought that Cable 10 keeps a waiting list. When those would-be volunteers are

brought on-board, however, they undergo the same orientation and skills-development process as those in other markets.

All a volunteer needs is the willingness to commit and an enthusiasm for a team environment; Rogers TV provides the rest. Training starts with a single-

evening overview of the television business. Once this is completed, volunteers can take workshops designed to train them in areas of the industry that interest them most. As the weeks and months go by, and volunteers gain more experience, they'll have the opportunity to move

into more challenging positions.

While not all volunteers move on to paying jobs in the television industry, Matheson knows many Rogers TV employees who are products of the program—and they're better employees today because of it. As he explains, the

experiences these men and women enjoyed as volunteers make them that much more prepared to train and manage the volunteers they now work with.

Just one more example of Canada's volunteers keeping Canadian business strong.



Rogers TV Durham volunteers pose with silver medalist Shelley Ann Brown.

## Expanding global boundaries

TIM WIECLAWSKI

tim.wieclawski@metronews.ca

**After Matt Silva graduated from Carleton University with a political science degree last year, he wasn't sure what his next step was going to be.**

So he decided to apply for a volunteer internship with Students Without Borders, an initiative of the World University Service of Canada.

Since it began in 2005, SWB has placed more than 350 students from over 50 Canadian post-secondary institutions in countries like Botswana, Burkina Faso, Ghana, Malawi, Peru, Sri Lanka, and Vietnam. Students work and receive credits in programs related to health, social work, business administration and environmental studies.

Silva went to Lima, Peru for four months last summer, working with the Canadian International Development Agency.

Part of his duties involved going over the paperwork to ensure the projects were aligned with CIDA's goals, then visiting project sites to ensure the projects were moving forward as promised.

After 10 years of working as a quality assurance tester in the financial services-software field, Gina Mathew returned to school to prepare for a second career in community work.

In 2009, during her second year as a student in the community work program at Toronto's George Brown College, Mathew volun-

teered with Students Without Borders in Accra, Ghana as a way of combining her interest in international development and global studies with her education.

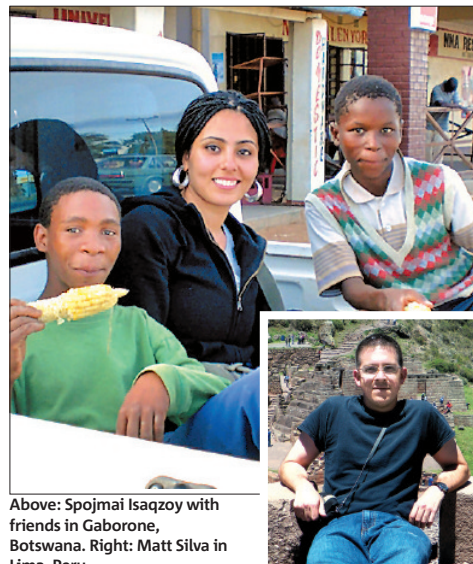
In Ghana, Mathew spent eight weeks working as a project assistant with Theatre for Change, a NGO that works with youth at risk of HIV infection. The experience helped her gain insight into the field of HIV/AIDS support and taught her how to develop a two-year project. "The work experience was tremendous," said Mathew. "It has its bumpy moments, but I learned a lot about the social (and) cultural aspects of the country and how this plays on the issue of HIV/AIDS."

Spojmai Isaqzoy wanted to do humanitarian work after she graduated with a degree in biopharmacy from the University of Ottawa.

After doing some research, she applied for an internship with SWB because the World University Service of Canada had a good reputation for training students and looking after them while in another country.

For her internship, Isaqzoy went to Gaborone, Botswana where she worked as a support worker with the Cancer Association of Botswana.

"Three months might seem like a lot, but when you are actually there and you want to do something, it's a really short amount of time," said Isaqzoy. "At the end of it, I understood that it's not in the result of something that we see success. It's in the progress of it."



Above: Spojmai Isaqzoy with friends in Gaborone, Botswana. Right: Matt Silva in Lima, Peru.

STYLING: JESSICA

Tetley recently announced its commitment to sourcing exclusively from Rainforest Alliance Certified tea farms. Canadians can now enjoy Tetley blend teas produced in a way that respects the environment and tea workers. **METRO NEWS SERVICES**

# Go Green



## Win a smart car

Between now and May 14, anyone who sets up a monthly automatic donation to TD Friends of the Environment Foundation, will be entered for a chance to win a 2010 smart car. Automatic monthly donations can be set up in-branch or at [tdfef.com](http://tdfef.com).

**METRO NEWS SERVICES**

EDITOR: BEN.RYCROFT@METRONEWS.CA

## Preparing for the end of cheap oil

Noted economist, Jeff Rubin, predicting major economic changes on their way

**BEN KNIGHT**  
for Metro Canada

Jeff Rubin is a prominent economist with a sharp eye for oil prices. When the former chief economist at CIBC World Markets thinks ahead to 2012, he sees big changes.

"Forget the avocado salad in February in a world of \$200 a barrel oil," he warns.

Rubin — who'll be taking part in a high-profile business forum at this weekend's Green Living Show in Toronto — is the author of *Why Your World is About to Get a Whole Lot Smaller*, an intriguing look at life in a world of declining oil supply.

"I believe in the power of



Jeff Rubin, former chief economist at CIBC, sees changes coming to way we import food.

## Green Living



• Jeff Rubin, Van Jones, Clara Hughes and John Bell will be among the keynote speakers at this weekend's Green Living Show — hosted at the Direct Energy Centre in Toronto.

• Samsung is offering free admission into the show in exchange for old electronics donated to their recycling program.

• Visit [greenlivingonline.com](http://greenlivingonline.com) for more information on the Green Living show

has become a petro currency. And the more that the tar sands becomes tomorrow's Saudi Arabia for U.S. oil consumers, the more we're going to be a petro currency. That's going to take the Canadian dollar to places she's never been. If oil goes to \$200 a barrel, and we start pulling 4-million barrels of oil a day out of the tar sands, the Canadian dollar is going to be at a 20 percent premium against the U.S. currency."

So even though prices will be driven up, the stronger Loonie should offer a hedge against inflation.

"It will help," he says. "It will reduce the price of imports, but I suspect we won't be importing that much."

Rubin remains optimistic, despite the magnitude of the changes he's predicting.

"We're going to be home a lot more. We're going to become more aware of our own local environment. I'm not going to pretend that we're not going to have to make sacrifices, but I'm just saying that it doesn't have to be 2012: Apocalypse Now."

## VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

### Psychiatrists at the Ottawa

Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 8 weeks with possible continuation of up to 16 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	■	■
I am having difficulty sleeping	■	■
I am feeling low in energy and slowed down	■	■
My appetite has changed	■	■
I am experiencing feelings of guilt	■	■
I have lost interest in work and pleasurable activities	■	■
I feel hopeless about the future	■	■
I feel tense and anxious	■	■
I am having difficulty making decisions	■	■
I am having trouble concentrating	■	■



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Research programs are reviewed by an ethics review board.

01-27-10

prices," Rubin says. "I believe that triple-digit oil prices are going to change the way we live, and change the way our economy is structured. And while undoubtedly we'll be making a lot of sacrifices from our very oil- and energy-dependent former lifestyle, we just might find that there's more than a few silver linings in these changes."

Two hundred dollars a barrel oil will mean \$7 a gallon for gasoline. Rubin predicts our lives will become more localized, with sharp reductions on international air travel.

"These flight disruptions being caused now by the volcano in Iceland — this is exactly the way it's going to be when oil is \$200 a barrel," he notes. "There aren't going to be as many people flying — or airlines. Flying is going to go back to what it was in the 1960s and '70s: A pretty expensive thing that you only do for pretty special occasions. So, instead of going to Machu Picchu or the Serengeti, we'll be going to Algonquin Park."

Rubin also foresees huge changes in what Canadians import — and from where.

"We're going to eventually go back to diets far more similar to our parents'," he says. "When I was a kid growing up in Toronto, if you wanted blueberries and raspberries in January, you went to the canned goods section. We're not necessarily going to do this to save the planet, but simply because with the transport costs associated with moving and refrigerating food around the world, we're not going to be eating lamb chops from New Zealand."

The good news? Canada's manufacturing and agricultural sectors should rebound handsomely as imported goods become prohibitively expensive. And the Canadian dollar should strengthen, as well.

"Whether we want it or not, the Canadian dollar

**The world is getting smaller**

## Going Green in brief

**BOATING** When choosing cleaning products for you boat this summer, look for the EcologoM label which is a registered mark of Environment Canada. These products have been assessed for their environmental

impacts across their entire life cycle and are considered to be the "best in class". For more information about EcologoM visit the [ecologo.org](http://ecologo.org).

**PREVENTION** Use or install a device to prevent overboard discharges from your boat tank

vent. Such products will give you a warning and work to prevent spills when your tank is reaching its fuel capacity. Big or small an oil spill can have a major impact on the local system.

**METRO NEWS SERVICES**

**Don't shop if you can swap**

Instead of spending your hard-earned dollars, satisfy your shopping desires by swapping. SwapCity (swapsity.ca) members have scored haircuts, Reiki treatments, cottages and even cars through barter. No item is too big or too small to trade. **METRO NEWS SERVICES**

earth day: april 22 **31****Go Green**

METRO WORLD NEWS

# Vertical farms growing up

As supplies dwindle, experts see agricultural revolution on horizon

ELISABETH BRAW  
Metro World News

**The monkeys at England's Paignton Zoo love their fresh, flavorful lettuce. What the monkeys don't know is that they're agricultural revolutionaries: their food comes from Europe's first operating vertical farm.**

"Our monkeys eat better than guests at five-star restaurants," Kevin Frediani, Paignton Zoo's plant curator and a former head gardener for Queen Elizabeth. "And it has no pesticides."

But humans would benefit from vertical farms, too, notes Frediani.

"Soon 90 per cent of people in the Western world will live in cities. Most of their food comes from other cities and other countries, which is unsustainable. The world is on a cusp of an agricultural revolution."



# 10

Cities like San Francisco, Providence and Salt Lake City now plan to build farms on top of high-rises. And in 10 years, experts are predicting every major city around the world will have industrial-scale vertical farms.

The company of the forefront of that revolution is Valcent, the maker of Paignton Zoo's farm.

"You can have vertical farms in urban warehouses, former industrial sites, deserts and high-rise buildings," says CEO Chris Bradford. "But 10 years ago nobody saw a need for vertical farms. Today there's a lot of empty real estate. And people are worried about traditional agriculture's impact on global warming."

"You can grow almost any plant vertically," explains Tim Bentley, Valcent's director of business

development. "The question is if it's economically viable."

Credit the growing gap between food demand and supply, too, for the turning tide.

"As poorer countries develop, their citizens demand more and better

food," explains Rohit Talwar, CEO of forecasting firm Fast Future. "There's also concern over the long distances food travels to reach consumers. At the same time there have been significant advances in how to grow food vertically."

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Islands with large tourism industry's and even the military have begun ordering vertical farming units.

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# Metro Homes

## Home buying

Today, Metro Homes focuses on first-time home buying. So, if you are looking to buy a home, or just thinking about it, this is the issue for you.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONews.CA

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# Access key for new owners

TRACEY TONG  
Metro Ottawa



**When it comes to your first home, price will likely be a big consideration, but first-time homebuyers will want to consider the location.**

First-time homebuyers are usually young people, who want easy access to interesting restaurants and day-to-day shopping.

"They want to be able to walk to shops and get their morning coffee," said Jim McKeown, a broker of record with Coldwell Banker Rhodes & Company in Ottawa. "They want accessibility. They want to be able to walk out their doors and, within a 10-minute walk, have access to coffee shops, interesting restaurants and a small grocery store."

They also want access to the outdoors — "the Rideau River, the Rideau Canal or the Ottawa River, and bike paths for biking and running."

Right now, the five most popular areas in Ottawa include the Glebe, Centre-



town, Ottawa West, Old Ottawa South and Wellington Village.

In Old Ottawa South, a semi-detached home runs from \$400,000 to \$600,000; in the Glebe, a semi-detached starts at \$500,000 and a single at \$700,000; Centretown, stacked condos and townhouses run from about \$325,000 to \$450,000 and singles run from \$500,000 to \$800,000;

and Ottawa West, from \$325,000 to \$600,000, depending on the area, McKeown said.

It's challenging to get a condo between \$280,000 and \$350,000 in Wellington Village, while semi-detached homes start at \$400,000 and singles, \$500,000 to an excess of \$2 million.

In Westboro, a semi would cost \$400,000 to

\$500,000 and a single, up to \$700,000.

It's a toss-up as to whether people are looking for modern places, or older buildings, but "most people don't have the time, inclination or cash to take on a full renovation," he said.

Anyone buying in the core area should "expect to spend at least \$270,000," McKeown said. "But it's a challenging price point, so

be prepared for a bidding war."

Condos are a hot part of the market, McKeown said.

While the best value, square-footage wise, is found in the older buildings, "it's a matter of what you want," he said. Condos start at \$275,000 in the five most popular areas, while new luxury condos about five minutes from Parliament Hill start at \$450,000.

There are other opportunities for first-time buyers if they are willing to leave central Ottawa, McKeown said. "Five to 10 minutes out of the core, you're looking at whole different price points, where it's closer to \$325,000 to \$350,000 for a single-family home. It may not offer you the opportunity to walk down the street for a coffee and to pick up groceries, but you're getting a nice home in a nice neighbourhood."

These areas include Elmvale Acres and Manor Park East, where a first-time buyer could start as low as \$270,000 for a stacked condo or townhouse that would cost \$325,000 in the core.

## Areas to look at

- **Manor Park East:** A first-time buyer could start as low as \$270,000 for a stacked condo or townhouse that would cost \$325,000 in the core.
- **Centretown:** Stacked condos and townhouses run from about \$325,000 to \$450,000 and singles run from \$500,000 to \$800,000.
- **Glebe:** A semi-detached starts at \$500,000 and a single home at \$700,000.
- **Elmvale Acres:** Cheaper than buying in the core, if a first-time buyer is willing to commute — a stacked condo or townhouse could start as low as \$270,000.
- **Wellington Village:** It's challenging to get a condo between \$280,000 and \$350,000. Semi-detached homes start at \$400,000 and singles run from \$500,000 to an excess of \$2 million.
- **Old Ottawa South:** A semi-detached home runs from \$400,000 to \$600,000.
- **Westboro:** A semi would run you from \$400,000 to \$500,000 and a single, up to \$700,000. Condos start at \$275,000.
- **Ottawa West:** Singles run from \$325,000 to \$600,000, depending on the area.

# Lots to learn before you buy your first property

MAT LECOMPTE  
for Metro Canada



**If you're thinking about taking the plunge into home ownership, know this: it's probably going to cost more than you think.**

There are a number of costs associated with home-ownership that many first-time buyers tend to overlook. It's more than just trading in rent for mortgage payments.

In addition to a down payment and monthly mortgage instalments; transfer taxes, carrying costs, closing costs, property taxes, utilities, lawyers, realtors and other miscellaneous expenses must all be accounted for.

It's easy to see how the cost of purchasing a home is more than the price tag.

Toronto-based realtor Melanie Piche says she even tells clients to set aside a "maintenance



Team BREL, Brendan Powell and Melanie Piche, prides themselves on their "No BS, no fridge magnet" approach to real estate. Learn more about what they can do for you at [getwhatyouwant.ca](http://getwhatyouwant.ca).

fund" to factor into their monthly mortgage payments.

Before jumping in to the market, it's a good idea to sit down with a professional. They can offer valuable insight about affording and operating a home.

"When I was buying my

first property," recalls realtor Brendan Powell, and realty brokerage partner with Piche. "I wish I had someone to walk me through it more."

According to both Powell and Piche, it's still a great climate for first time buyers. They say in the past

few months, this group has been responsible for about 50 per cent of their sales.

"First time buyers can save a lot of money that others simply can't," he says.

With government incentives like the Home Buyer's Plan, First Time Homebuy-

## Mortgage brokers in demand

• The same things that are squeezing first-time homebuyers these days are creating a boom for mortgage brokers. Jim Murphy, president of the Canadian Association of Accredited Mortgage Pro-

fessionals, says brokers are in demand from first-time homebuyers because of climbing interest rates and new rules that crack down on who qualifies for a mortgage.

THE CANADIAN PRESS

ers Tax Credit and Land Transfer tax refunds — plus the fact they don't have to worry about selling a home — people wanting to get their feet wet in real estate have an advantage over their counterparts who already own.

But just because the conditions are attractive, Powell and Piche says there are plenty of issues new buyers haven't considered. Plus, purchasing a home can be pretty intimidating. That's where realtors like them can help.

"People have a lot of good questions they're embarrassed to ask," explains

Piche. "But our job is to provide the information they need to know."

Title insurance, says Powell, is something condo buyers don't generally consider. After all, many building owners have taken out insurance on the building. However, explains Powell, that coverage does nothing to protect the private spaces between the hallways and the windows. It's up to the unit owner to insure the contents of the living space — and not just the jewellery and plasma screen. Everything in it — including appliances — should be covered.

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# Time to decorate

JENNIFER BILL  
for Metro Canada



Decorating your first home can be a daunting task. Especially with little left in the bank after this massive purchase.

Yet like an artist with a

blank canvas before him, that new set of house keys gives you the freedom to make your new home your own, your very own palette to reflect your personality.

High design on a budget does not have to mean low quality. There are many styl-

## Homes in Style

ish pieces to be had that will not stress the bank account — and subsequently a new

marital relationship.

"What I have found with first-time homebuyers is they are looking for good value and good quality, without having to settle for the standard catalogue piece," said Leslie Tokayer, broker at Royal LePage Partners Realty.

"They're more savvy about where they spend their money and how they spend it, since they just spent a lot on their first home. They want to purchase pieces that can grow with them."

Gone are the days of student living, with stained carpets, movie posters and old-fashioned furniture hand-me-downs.

"First-time homebuyers are no longer decorating with futons, or things you can put together with an Allen key," said



The **George Eclipse**, above, is a simple and conservative first 12-piece dining set. Walmart, \$39.97, walmart.ca.



Bar stools, while traditionally used at high countertops, can be used as additional seating easily moved between rooms. The **Bamba Stool** is 100 per cent eco-friendly for the eco-conscious new home buyer. Available in counter or bar height in espresso or caramel finishes. Urban Barn, \$199, urbanbarn.ca.



A classic style, yet modern with clean geometric lines, makes up the new spring **Whisky Collection**, made from 100 per cent eco-friendly birch veneer strips in rich tones of browns, reds and caramels in a matte finish. Pictured are and the **Whisky Queen Bed** (\$1,249), Urban Barn, urbanbarn.ca.

Tokayer, who works predominantly with first-time homebuyers. "They are no longer using their parents' old sofa. They are looking for modern and stylized pieces, art, unique pieces that will express their personality, that are functional and practical."

She says many of her clients this season are choosing dark hardwood on main floors, Berber carpeting upstairs, sectional sofas with chaise lounges and sunweave roller blinds — a contemporary theme with clean lines, compact minimalist pieces, and neutrals with an urban flair.



The **Taupe Iron Cage or Traditional** 60-inch floor lamps in espresso finish add an inexpensive shine to a room and a stylish hue with its ivory bell shape. Walmart, \$34.98, walmart.ca.

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# Plenty of ways to use your balconies

## DecorMoment

Karl Lohnes

metronews.ca/decomoment

For many of us, our balcony is the only outdoor space we have. Decoration, plants and furniture can all help to create a seasonal room and expand the inside space that we have lived with all winter.

Here's a rundown of great new products that will help to create a useful and attractive place to take sun or serve an alfresco dinner:

**FURNITURE:** The reality is that most balconies do not allow for regular sized outdoor lounge furniture.

I suggest buying a chair and ottoman so that you can achieve the lounge effect when they are placed together, and when separates, can act as seating for two.

Keep tables long and narrow in shape and dining chairs foldable so that they do not overcrowd the space.

One of the season's hottest small-space outdoor furniture pieces is the Aeisha three-piece dinette set from Home Outfitters (\$299).

It magically melts into itself when not in use.

**DESIGNER IDEA:** Choose the colour of the furniture's framing to match the balcony. If it is concrete then use pale aluminum or chrome furniture so that it blends in the environment.

**COOKING OUTSIDE:** It's best to check with your condo

board or local municipality to find out what is suitable for the type of outdoor space you have.

Many buildings ban gas grills that are not hard-wired from the balcony. In that case I suggest an electric grill.

Check out Dimplex for a good-looking, efficient plug-in electric grill that allows you to do some cooking outside (dimplex.com)

**DESIGNER IDEA:** A portable electrical grill means you can hide it away in your locker during the winter months so you won't have to look at it.

**OUTDOOR LIGHTING:** If you have an outside electrical outlet on your balcony then you are in luck!

Outdoor lights can add complete romance to an outside space no matter how small.

You can also consider an outdoor fountain which will help to drown out unwanted city noises.

**DESIGNER IDEA:** Use up lighting in the corners of the balcony; using them under plants will create dramatic shadows at night.

**PLANTS:** I am not an avid green thumb and tend to prefer a more structured landscape.

Consider artificial outdoor shrubs for a balcony — they are made to stay out year round and the good ones will never fade or wither away.

Check out Home Depot for some of the best in the city.

**DESIGNER IDEA:** Hang your planter boxes inside your balcony, not facing out. You will enjoy your plants and flowers more from the inside of the condo. Also, your everlasting shrubs will look fantastic filled with mini lights during the holiday season.

**FLOORING:** Laying cedar stripped flooring or putting outdoor carpeting down can be a great way to all warmth and colour to your outdoor space.

Look for outdoor floor tiles made of a synthetic decking product.

It will be very durable and stay out year round.

**DESIGNER NOTE:** Never paint a raw concrete floor before asking permission of your landlord or condo directors.

Sealing concrete can actually do damage to the concrete as it stops it from breathing to release dampness.

**LAST WORDS ON BALCONY ETIQUETTE:** Shut down the party noise on your patio at a reasonable hour (10 p.m. during the week and 11 p.m. on weekends).

Remember that your balcony is common space to the outside of the building, so decorate it so it also reflects the taste of the building's exterior.

Use a proper container to dispose of cigarette butts if you have smokers that use your balcony.

Using your balcony as a storage shed is often illegal and will cheapen the look of the building.

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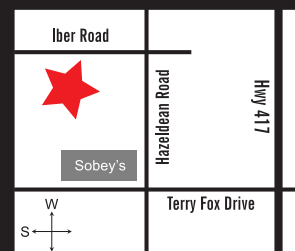
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# How to grow an organic vegetable garden

SYLVIA PUTZ  
for Metro Toronto



**If you're an organic vegetable gardener, take the time now to plan and prepare for a successful and productive year.**

Taking steps now will ensure that you have a vigorous and healthy garden, and fewer pests to bother you later.

Here's how to do it.

**1.** Start off with a clean slate. Clean up leftover garden debris. If you had diseased or infested plants, remove the plant material to avoid infecting new

plantings with fungal spores, insect eggs or bacteria.

**2.** Make sure you have the right plant for the place. Read instructions, and plant in a location that suits the plant's needs for sun exposure, soil type, water, temperature and shelter.

**3.** Most flowering plants need plenty of light and airflow. Make sure you have these conditions, or plants become spindly and anemic-looking, or susceptible to fungus.

**4.** If possible, choose cultivars of plants that are genetically resistant to disease and pests.

**5.** Time your planting according to plant temperature preferences. Some plants, like corn, and most fruits and tomatoes grow best when the soil and air is warm, while others (cabbage, lettuce, spinach) should be planted in the spring, when the soil and air are still cool.

**6.** Plan to plant a lot of different plants in the same location, rather than using only one type of plant. This will make it harder for pests to find plants, and for fungus and bacteria to "jump" from plant to plant.

**7.** Rotate your planting layout every couple of years, so plants become a moving target for soil-borne pests.

**8.** Favour plants that produce nectar and pollen, as those attract insects and birds that pollinate.

**10.** Add organic compost (well-rotted dead plant material from healthy and non-toxic sources) to your soil every year before you seed. This helps the soil become healthy and biologically active, so it contains lots of



One of the main rules is to find the right places for plantings, so read instructions carefully.

critters that help break down dead plant material to feed plants and to help keep pest populations in check.

**11.** Use organic mulch once you seed, to keep weed growth suppressed, and to fertilize the soil as it breaks down.

**12.** Water regularly. Letting plants dry out and

then flooding them results in uneven growth, deformed foliage and reduced yields. And water roots rather than leaves, since wet leaves are susceptible to diseases.

**13.** Don't spray chemical pesticides because they kill all insects, including the beneficial ones. Predators like lady bugs,

lacewings, spiders, as well as birds, frogs and toads will snack on insects and bugs that attack your garden. Various types of parasitic insects that prey on plant pests also help.

Taken from *What's Wrong with my Plant (and How do I Fix it?)*, by David Deardorff and Kathryn Wadsworth.

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# Trends in hardwood flooring

New LOC installation system makes flooring easier than ever to install



Darker, more exotic colours are one of the trends in the wood flooring industry this year according to Mercier Wood Flooring, which is introducing a new installation system for wood floors as well.

**According to experts in the hardwood flooring industry, this year's hardwood floors will feature the most extensive array of choices of colours, stains and styles than ever before and will be much easier to install thanks to a new LOC installation system.**

According to designer Nancy Soccio of Dolce Design in Montreal, "manufacturers now offer so many colours, species, finishes, strip widths, and grades that the possibilities for personalizing your

floor are almost endless."

In fact, for the past several years Mercier Wood Flooring, one of North America's leading hardwood flooring manufacturers, has offered its customers the widest variety of choices in the country allowing them to design their floor the way they want, thanks to their exclusive Design+ program.

In this program clients can select from a vast choice of colours, species, finishes, strip widths, and grades to, in effect, customize their flooring

choice. The Design+ program features the following species: Red Oak, Hard Maple, Yellow Birch, White Oak, and White Ash in different stains and finishes.

There are also established trends in wood flooring fashion that will continue to gain momentum across the country, according to Soccio, and these are the movements towards darker colours and rare exotic species.

"Consumers are looking for wood flooring options that are out of the ordi-

nary to create different looks," explained Michel Collin, Marketing Director of Mercier Wood Flooring.

To answer this need Mercier has launched a new line of exotic products for this year: Asuncion, La Paz, Lima, and Sao Paulo. "People who are looking for a new and rare look will be pleased to discover this collection," Collin said. "This exclusive product line blends stylish shades with the natural hardness of exotic woods."

For the dark wood floor enthusiasts, Collin said Mercier has developed beautiful new rich stains for 2010: Stone Brown and Portobello to go along with Harvest the new stain of choice for lighter options.

But the latest innovation that has designers, builders and homeowners excited is the new Mercier LOC product category. It's an engineered floor that does not require glue or mechanical fasteners to install using a locking system optimized for low

cost of production and superior installation characteristics.

"This product addition presents customers with a user-friendly installation product for multi-story developments, basements, and is an ideal choice for the do-it-yourself market," explained Collin. It is available in 3/4" in Red Oak and Hard Maple. More information on the latest trends in wood flooring is available at [mercierflooring.com](http://mercierflooring.com).

NEWS CANADA

## Wood flooring FAQ: Laminate vs. pre-engineered wood

**Q What's the difference between laminate flooring and engineered wood?**

**A** Laminate flooring may often look like wood but it's not. It's made of melamine-infused paper glued to a wood chip composite. Engineered wood, much like solid hardwood, is real wood. It is a veneer of hardwood in the species of your choice glued on top of (in most cases) three to five

thin sheets of crossbanded wood.

It's ideal for kitchens and basements where 3/4" solid wood floors are not recommended because of high moisture level variations. Solid wood will expand or contract with heat and moisture, whereas engineered wood flooring, because it's made of cross-

banded layers of wood, offers more dimensional stability. Mercier's engineered wood flooring offers optimum stability because it contains seven crossbanded layers of wood. Another advantage of engineered wood flooring versus laminate is that engineered wood can be sanded after scratches and dings develop.

**Engineered flooring is also a great choice for renovations because it can be installed directly onto most existing floors.**

Installation is even easier now thanks to our latest product category innovation called LOC. It's an engineered floor that does not require glue or mechanical fasteners to install. Instead it features a user-friendly locking system that is easy to install and ideal for multi-story developments, basements, and do-it-yourself project

**stalled wood floors?**

**A** First of all prefinished wood floors are stained and finished at the factory so you don't have to deal with toxic fumes, sanding dust, labour and the long wait required for staining and applying coats of finish at home.

Another advantage is that the finish is applied under controlled conditions, which means that you don't have to worry

about dust or other contaminants affecting the finish. Manufacturers can also apply more coats of finish giving you added protection. In fact, the Mercier Generations finish features ten coats applied at the factory with extreme accuracy. It produces a smooth, uniform finish with unparalleled abrasion resistance and beauty.

Lastly you save on the cost because it cuts down on the labour required to install.

NEWS CANADA

**Q What are the advantages of prefinished wood floors over in-**

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# Decorative and faux painting is back

**Elaine Griffin is crazy about stripes — in small rooms and kids' rooms, powder rooms and halls.**

She also likes glazes and metallics, too.

Decorative and faux painting is back, although

in a subtler style than the Dallas and Dynasty days of the 1970s. "We overdid it then," said Griffin, a New York decorator, designer and contributor to Better Homes and Gardens magazine.

Bonnie Roberts-Burke, a real estate agent, had 24 metres of stripes painted in her 100-year-old Washington town house. They start in the living room, go up the stairs and all the way down the hallway on the second floor. "It pulls it all together," she said.

The stripes — each 12 centimetres wide — are of the same creamy blush beige colour, but alternate between satin and flat finishes. "It just makes the most interesting patterns," she said. "It changes as the light in the house changes."

Roberts-Burke said it gives the house an elegant feel. Her husband, David Burke, finds it warm and calming.

The couple hired a professional to paint their stripes. Griffin said many homeowners try decorative and faux painting themselves; "civilian painters," she calls them.

Paint and glazes can be used to create a marbled look, textured effect or a wood finish. With them, you can produce patterns that rival — or even surpass — what is available in wallpaper.

Faux painting simulates nature and makes a surface look like something else — "making a plain door look like cherry or a plain plaster column look like marble," says Tracy McGranaghan, a decorative painter with studios in Annapolis, Md.

"Decorative painting," she said, "is creating patterns and colour dimensionally on walls and surfaces."

It's not just walls that are being painted creatively. Furniture and cabinetry, even floors and ceilings, also are fair game. Meghan Carter, who runs the website AsktheDecorator.com, said painting the ceiling a colour other than white can produce a more intimate feeling, especially in rooms



Painting stripes and patterns can be alternative to using wallpaper for dressing up a room.

with "abnormally tall ceilings."

"Paint is a wonderful thing because it's instant gratification," McGranaghan said. "In a very short time, you can completely transform a space."

Faux finishes can add depth and dimension to a surface. "It's all about subtlety, not so much knock-you-in-the-head drama," she said.

It also makes the walls more durable, said Gary Lord, a decorative painter and teacher in Cincinnati. "It hides a multitude of sins and you can get it customized just for your own particular taste and colour."

That customization is key for people who choose faux

and decorative painting.

Often the colour in wallpaper is just not right. Or the pattern is too big or too small. Or it repeats too often. Or maybe they're looking for a less expensive alternative to wallpaper.

For faux and decorative painting, the first step is putting on a base coat. Glazes, washes or patterns go on top of that.

There's a positive technique for applying glazes or washes: Apply the colour with a sponge, rag or other tool and leave it there. In the negative technique, you put the glaze or wash on the wall and then extract it, using a sponge or other tool.

Among the many types

of faux finishes, according to Better Homes and Gardens:

**Sponging:** Dip a wet sea sponge into glaze and press it on the wall. The glaze also can be applied to the wall and then lifted in patterns using the sponge. It creates almost a marbled effect.

**Ragging:** Press a rag against a wall in which a glaze already has been applied, removing some of the paint. This will create a textured appearance.

**Strie:** Move a brush vertically over a wall to create a striped effect, either applying the glaze with the brush or removing some of it as you work.

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**Catrrall dons cancer T-shirt**

Actress Kim Catrrall will be donning the famous target T-shirt as the face of the annual Fashion Targets Breast Cancer campaign. This year's Joe Fresh Style Fashion Targets Breast Cancer T-shirt will be sold at Loblaws store throughout Canada in May. **METRO NEWS SERVICES**

**39**

# Style

**Earth-friendly shoes**

Even when the heels are worn down and there are holes in the soles, it just doesn't feel right to throw away something as substantial as a shoe. Now you don't have to. Timberland has come out with a boat shoe for men that can be taken apart for recycling when you're done wearing them. The soles are made from 42 per cent recycled tires and the linings come from recycled bottles and organic cotton. Earthkeepers 2.0 boat shoe sells for \$120 and are available at Town Shoes.

TORSTAR NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Fashion embraces older models

### Runways reflect the hunt for newness and newsworthiness

**Among the more avant-garde looks shown on the runways of New York, London, Paris and Milan was one that seems ho-hum in real life: grey hair.**

More mature models — some even in their, gasp, 40s — were stars at the previews of fall styles. And in the fashion world, that's a radical turn from the use of models not old enough to drive a car, let alone wield a credit card.

"I wanted something different," said Francisco Costa, creative director for the Calvin Klein Collection. "I wanted a cast that really represented a customer I design for, and that's not really a 16-year-old."

Costa hired grey-haired Kristen McMenamy, who also

appeared at Viktor & Rolf, as well as '90s sensations — and now mothers — Stella Tennant and Kirsty Hume.

Marc Jacobs, widely considered the most influential American designer, cast 47-year-old Elle Macpherson in his Louis Vuitton show, along with Bar Refaeli and Alessandra Ambrosio. Trendsetting Miuccia Prada used Ambrosio, Isabella Fontana, Doutzen Kroes and Miranda Kerr — all best known as voluptuous Victoria's Secret

models and all in their mid-20s, a relatively advanced age for runway models.

It's a smart move by the fashion industry to make itself more relatable to consumers. Costa acknowledges that the tough retail climate has helped force design houses to speak more directly to their customers.

"The woman who puts

It also may help counter perennial complaints about skinny models. It's said that age brings wisdom; it also usually brings curves.

The more mature look was on trend with the chic, retro styles shown for fall, so helping models' health may be icing on the maybe-not-entirely-fat-free cake.

Still, Nian Fish, creative

with compassion," says Fish, who helped the Council of Fashion Designers of America launch its health initiative back in 2007. "But I think the compassion came first, and then the fashion suited these bodies. I loved seeing these bodies in Prada. We're always looking for trends at Prada, and seeing Victoria's Secret girls on the Prada runway woke up a lot of people about what a women should look like."

Older models have had far more success in print, where 41-year-old Christy Turlington and 39-year-old Claudia Schiffer, for example, still star in top-tier campaigns. But while ads have always been specifically crafted to sell something, the runway had been about fantasy.

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my clothes on needs a certain level of sophistication," says Costa. "We wanted to acknowledge women who have always worn our clothes, women with their own identities, have full lives, have kids."

director at fashion-show powerhouse producer KCD, says designers, stylists, casting agents and modelling agents all collectively heeded the call to put forth a healthier image.

"This is fashion coupled

The Calvin Klein fall 2010 collection modeled during Fashion Week in New York. The more mature look was on-trend with the chic, retro styles shown at the fall fashion shows this year. Left: A fall 2010 creation by designer Marc Jacobs for Louis Vuitton.

## Hit the mall with your extra cash

DENISE SURETTE  
for Metro Canada



RefundFun

**Tax season is coming to a close and you may have your refund money burning a hole in your pocket.**

No matter how big or small your refund may have been, the mall is usually the first destination to spend that extra cash.

If a new wardrobe or a few key pieces are what you're looking for this spring, here are a few style ideas to keep you trendy this spring.



**\$50**

Dressing up your best friend in a fine leather collar will make your dog feel like the cat's meow. For \$50, you can accessorize your pet with a rugged collar with metallic bone details, available in a number of sizes from Bark and Fitz. For a little less money you can find embellished collars in a variety of colours and patterns.



**\$125**

A sexy pair of Jessica Simpson pumps from Town Shoes is a perfect way to update your favourite outfits. "Peep toe platforms are great on sky high heels because your foot is raised and not on an angle," says Crissi Giamos spokesperson for Town Shoes. "This shoe is perfect with a pencil skirt."



**\$350**

Investing in a quality leather jacket is a great way to put your refund money to good use. Danier's men's black leather bomber jacket can carry you through from fall to spring in style. "It will instantly update your wardrobe with this season's hottest trend, leather," says Jennifer Steckel Elliot, VP of marketing for Danier.

**\$1,000**

If you want to go all out and treat yourself to the ultimate spring accessory, stop by Holt Renfrew and pick up a Michael Kors marine-blue leather tote for \$1,000. With gold tone hardware, a hanging logo plate, tassels and a cinched knotted top, this tote is luxury in a handbag.



DIANE BONAVENTURE/THE ASSOCIATED PRESS

# PUNCHY PINK

Supercharged fuchsia screams fun!

**ADVICE** Hot hues add fun to any outfit, and orange, pink and red are at the top of the season's list. Fuchsia—solid or print—looks great with white, beige or soft grey. If your outfit's full-on fuchsia, finish it off with contrasting accessories in a neutral shade, like tan, caramel or black.



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**Nimoy ready to retire**

Leonard Nimoy is ready to beam into retirement. The 79-year-old actor, best known for his iconic performance as Spock on the original Star Trek, told the Toronto Sun he plans to retire from acting after his final appearance on Fringe later this season. **TVGUIDE.COM**

**41**

# Entertainment

**Celebs to wed**

Carrie Underwood and Mike Fisher have set a wedding date. Sadly, though, it's "not one that we're openly talking about," she said on The Ellen DeGeneres Show yesterday. **USMAGAZINE.COM**

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

# Nikki is a star on the rise

**Caribou**

**Album:** Swim  
**Label:** Merge Records  
**Rating:** ●●●●●

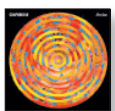
**CARIBOU** IS THE current alias for a Dundas, Ont., musician by the name of Dan Snaith. He's now living in London, England, where he obtained a doctorate in mathematics while building a cult-like following for his laptop musical pastiches of electronic psychedelia. A couple of years ago, he ventured into making music (mostly) with real instruments and band members. The charming alt-rock result was called Andorra and won him the 2008 Polaris Music Prize for best Canadian album of the year. His new release, Swim, merges the old electronica with new alt-rock. The wonderful effects are held together by an innate sense of rhythm that only a math master can have and Snaith's secret love for funk. Give it a chance. It's more accessible than you may think.

Graham Rockingham/for Metro Canada

**Nikki Yanofsky**

**Album:** Nikki  
**Label:** Universal  
**Rating:** ●●●●●

**WHILE THE VANCOUVER** Olympic anthem I Believe helped propel Montreal's Nikki Yanofsky into the spotlight, the song did a disservice to the up-and-

**AlbumReviews**

music@metronews.ca

coming singer. That bland, Celine Dion-ish track did nothing to show off Yanofsky's incredible range, fluid voice and jazz tendencies. Her debut is a solid collection of jazz covers and laid-back tunes. George and Ira Gershwin's I Got Rhythm, with its hyperactive scatting, is perfect for Yanofsky's big voice; she's not as strong on the slower tracks, such as Grey Skies, but there's no question she's Canada's next big singer.

Bryan Borzykowski/for Metro Canada

**Taylor Hawkins**

**Album:** Red Light Fever  
**Label:** Sony Music  
**Rating:** ●●●●●

**DAVE GROHL** MAY have the best sense of humour in the Foo Fighters, but drummer Taylor Hawkins isn't far behind. He named his band the Coattail Riders and on the first track of his new disc he hilariously adds a high-pitched Queen-like harmony to this riff filled hard rock track (with help from Queen's Brian May). The album is what you'd expect — loud guitars, catchy melodies, a mix of rock and pop. Unfortunately, beyond a few funny moments, there's nothing great about the record. It's all fairly even keel rock. It's not a bad side project, but he's lucky he has a secure day job.

Bryan Borzykowski/for Metro Canada

**The Cheap Speakers**

**Album:** The Cheap Speakers  
**Label:** Independent  
**Rating:** ●●●●●

**WHILE THE CHEAP** Speakers are spirited, sincerity unnervingly



proach similar to a novice Christine McVie. She isn't used enough, however, resulting in a few great moments swallowed up by dudes striving too hard. As Ned Flanders sagely hollered, "A man can't live in good intentions." Well, nor can he listen to them.

Keith Carman/for Metro Canada

**Plants & Animals**

**Album:** La La Land  
**Label:** Secret City/EMI  
**Rating:** ●●●●●

**I'VE HAD TROUBLE**

understanding the allure of Plants and Animals. The Polaris-nominated Parc Avenue was too indulgent for me and I couldn't get past some of their Radiohead-



Nikki Yanofsky's debut album is a solid collection of jazz covers and laid-back tunes.

ish instrumentation. Fortunately, the new disc is better, though the band still needs to work on a few things. It's louder, they employ the electric guitar more and their best tracks are here. The Mama Papa, for one, is a fantastic rock song that's crisp, short and made for radio. Tom Cruise on the other hand is too brooding, sluggish and at nearly five minutes, it gets a bit repetitive. It's a good followup, but this band still has plenty of room to grow.

Bryan Borzykowski/for Metro Canada

**Roky Erickson With Okkervil River**

**Album:** True Love Cast  
**Out All Evil**  
**Label:** Anti-  
**Rating:** ●●●●●

**THIS COLLABORATION BETWEEN** two sets of Texans may seem unlikely, but there's

strong chemistry here between 13th Floor Elevators' Roky Erickson and indie favourites Okkervil River. Some of the songs are nearly 40 years old, and Will Sheff arranges each one to suit the burnt out psych rocker's rusted, weary voice. Ranging from country twang to garage to sprawling orch pop, Okkervil River adjust their sound to match his personal tragedies. The source material is enough to warrant a listen (shock treatment, mental illness and imprisonment), but this partnership has the legs to blossom into more than just a one-off.

Cam Lindsay/for Metro Canada



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It could happen, according to the LA Times, which is reporting that Disney has put a Wizard of Oz prequel on "a fast track of sorts" with Robert Downey Jr. in talks to star as the wizard, and Sam Mendes on the short list to direct. EW.COM

# Message lost in sea of beauty

## Oceans

**Directors:** Jacques Perrin, Jacques Cluzaud  
**Stars:** Pierce Brosnan (narrator)  
**Classification:** G  
**Rating:** G

PHIL BROWN  
for Metro Canada



Following the success of the last year's *Earth*, Disney's new documentary label has produced another mammoth non-fiction effort entitled *Oceans* (no points for guessing what it's about).

Shot over four years with new underwater filmmaking technology created specifically for the project, *Oceans* is an undeniably impressive technical achievement.

Stunning footage of sea life that was never possible to capture before will certainly thrill audiences even if the movie never amounts to more than an impressive showreel for

new technology. Fortunately, it's difficult to be bothered by that too much when watching all of the extraordinary footage projected on a giant screen.

With its Earth Day release date, the film obviously offers some well-timed environmental messages about the pressing need to take better care of our environment.

Disturbing satellite footage highlighting a black polluted runoff pouring into the oceans will disgust many viewers, while Pierce Brosnan's soothing British voice spells out the dangers of these issues in no uncertain terms.

However, the film doesn't really offer any compelling argument to justify all of the political finger wagging and heart string-pulling footage of adorable animals.

The movie is merely a collection of the most impressive images a massive crew of underwater filmmakers could capture



*Oceans* showcases some of the most stunning footage captured underwater.

with a near limitless budget and production schedule. The result may boast a

significant "wow" factor, but it's a shame that no one bothered to come up with a concise theme or structure to give it all a clear meaning.

There is a nice message about nature conservation and the majesty of the great blue yonder to be found in *Oceans*. It's just difficult to determine what specific arguments the filmmakers want to impart on the viewers. The movie is aimed at children and they shouldn't mind quite so much about the questionable substance.

All they'll care about are the pretty blue images of ocean life that the filmmakers deliver for 85 minutes.

An unfocused documentary, but also an undeniably beautiful one.

## A climate warning for military

**BOOK** It is a military truism that an army ought to stand its ground. But what if the ground it's standing on is melting, becoming prone to floods, or is outright disappearing?

Climate change is turning conventional military wisdom on its head, something Canada has been at pains to grasp, according to Cleo Paskal, author of *Global Warring: How Environmental, Economic, and Political Crises Will Redraw the World Map*.

The book, which came out earlier this year, has created a storm, no pun intended, in policy circles. It has found its way onto reading lists at the U.S. Army War College, and the Montreal-based author is now being tapped as a consultant for the U.S. Department of Energy.

Paskal has produced a compellingly simple thesis: countries need to rethink their approach to geopolitics because their borders are physically changing.

Canada, however, has failed to respond to the call, says Paskal. Given the face of the Arctic could be altered dramatically in the coming years, the debate is hardly abstract.

"The discussions about the degree of change and what it's going to mean for that region — socially, economically, culturally, politically — is not happening," Paskal said.

THE CANADIAN PRESS

## Thursday screentimes for *Oceans*

- **Coliseum Ottawa:** No Passes 5:15-9:30
- **South Keys:** No Passes 10:15-12:30-2:45-5:15-9:30
- **Silvercity Gloucester:** No Passes 12:30-2:45-5:15-9:30
- **Kanata 24:** Thu 9:30-11:45-2:30-4:45-7-9:15

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*Manufactured Landscapes*, above, and *An Inconvenient Truth* are two good examples of the growing trend of eco-docs.

ADAM NAYMAN  
for Metro Canada



Every holiday has its canonical film, *White Christmas* to *Halloween*.

But Earth Day may be the only red-letter date on the calendar whose cinematic standard is a documentary: Davis Guggenheim's 2006 Oscar winner *An Inconvenient Truth*.

Whatever one's feelings may be about Guggenheim's Powerpoint-style aesthetics, his film's massive box-office success instigated a boom period for the production and distribution of environmentally themed documentaries.

"The scene has exploded," says Kathleen Murphy, the director of programming for the Toronto-based Planet in Focus Film Festival, which takes an

annual survey of ecologically-minded non-fiction films (this year's edition runs Oct 13-17).

"People have always tried to make movies about these issues, but there is more interest now, and so there is also more money, and more exposure through festivals, and a bigger audience."

The audience has grown to the point where Planet in Focus has expanded to include year-long initiatives: later this month, their Mixed Greens screening series will show Tadashi Orui's new documentary *The Scars of Mercury*, which analyzes the fallout of chemical dumping on an First Nations community in Dryden, Ont. (the film screens on Friday, April 30 at 6:30 p.m. at the Gardiner Museum).

## Made in Canada

Here are two documentaries with a Canadian twist. Now all you need is a solar-powered DVD player to watch them on.

• **Manufactured Landscapes:** Canadian master Jennifer Baichwal's profile of photographer Edward Burtynsky features chilling, otherworldly footage of China's ruinous Three Gorges Dam project.

• **Petropolis:** This short piece by Peter Mettler is comprised solely of abstract shots of Alberta's tar sands, images which resonates with a strange beauty

Lina Cino, a campaigner for the Toronto Environmental Alliance — a grassroots organization focused on changes within the urban sphere — is a fan of

many of the recent eco-docs, but says that their effect on audiences isn't necessarily galvanizing.

"With some of these films, there is a risk that people will be overwhelmed by the size of the issues being discussed," she says. "It can be paralyzing. But it's also important, and fantastic, that these films raise awareness of what's going on."

She cites Min Sook Lee's recent TIFF selection *My Toxic Baby*, which cast a skeptical eye on the chemical makeup of many childcare products, as an example of a documentary that understands how to get through to its audiences.

"One way to get people to change their behaviour," says Cino, "is to make it clear what the consequences may be for their children."

**Kal Penn robbed**

As TMZ first reported, actor Kal Penn was robbed at gunpoint in Washington, D.C., early Tuesday morning, his rep confirmed. The 32-year-old has been working in the capital for the Obama administration. **EW.COM**



# Cameron's eco Avatar

King of global box office wants to save the world

KUMAR SAHA  
Metro Canada



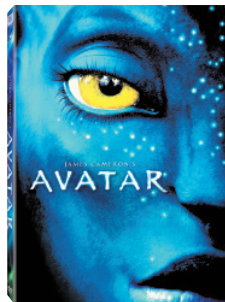
**For James Cameron, green is the new blue.**

The Canadian-born filmmaker stumbled upon his own Pandora — the edenic fantasy world of his megafilm *Avatar* populated by indigo-tinged aliens who battle humans to save their habitat — during a press tour of Brazil last month. And not unlike *Avatar* hero Jake Sully, Cameron joined the country's Amazonian tribes in their protest against plans to build a dam that could displace thousands of indigenous people.

"It was life changing. By a long series of events finding myself in what is like a real-life *Avatar*-like drama, it was pretty amazing," Cameron tells Metro over the phone from Los Angeles.

The Hollywood powerhouse is currently in full eco-activist mode. The *Avatar* website now hosts plenty of information about environmental issues and Cameron's company will sponsor the planting of a million trees around the world. Fans of the film are being urged to help out in the green drive when they buy the DVD or Blue-ray, which go on sale today to coincide with Earth Day.

Cameron, a native of Kapuskasing, Ont., is also throwing his weight be-



**Avatar is out on DVD and Blue-ray today**

hind opposition to the controversial Athabasca oil-sands project in Alberta and is openly critical of the Canadian government for not doing enough for renewable energy. He will be attending the UN Permanent Forum on Indigenous Issues in New York this Saturday where he intends to learn more about the issue. Despite the newfound environmentalism, Cameron remains a director at heart. He has already filmed his visits to Brazil and wants to return to the country's tribal areas to "shoot more stuff, maybe even in 3-D."

"(It will be) less about protesting the dam and more about chronicling their culture and their concerns, the way the civilized world is encroaching on them ... roll that into a documentary which may have its own life separate from the DVD release and/or we may have some cut-piece that goes into the special edition DVD in November," the 56-year-old di-



*Avatar* director James Cameron has turned to environmental activism ever since his visit to Brazil.

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rector says.

Cameron also admits that his recent experiences will probably end up influencing the *Avatar* sequel, for which he has already chalked up a rough story.

But as far as Cameron's approach to filmmaking goes, there's one thing that won't change — the emotional heft that underpins all his movies.

Cameron attributes the success of his films to his ability to make the audience relate to his charac-

ters and storylines. He insists that *Avatar* became the top-grossing film of all time because it was "firing on all eight cylinders" and not just 3-D effects.

"My films have been criticized sometimes for being simplistic. I think they operate on multiple levels. I think the surface level is very clear, so the audience is always well grounded in ... what they are supposed to be feeling. As a filmmaker, I am not afraid to go for an emotional re-

## Gravity's suicide mission

**TV SHOW** Eric Schaeffer likes to talk about, and dramatize, issues other people hold in isolated silence.

Such as eating disorders. That's a topic he served up brilliantly on his serio-comic series *Starved*. But for whatever reason, viewers didn't treat themselves to *Starved* during its brief run on FX five years ago.

Now Schaeffer has an even less appetizing idea for a series: suicide, and people who have given it a try.

*Gravity*, his offbeat new dramedy, focuses on a support group for otherwise diverse New Yorkers whose common bond is their failed attempts to end it all — and their shared urgency to try again.

The cast includes Ving Rhames as the support group's leader, a burly ex-Major Leaguer whose bungled attempt has left him in a wheelchair. Rachel Hunter plays an over-the-hill supermodel who attempted suicide after her agent proposed that she appear on a *Where Are They Now?* special. As Lily, Krysten Ritter is a sexy lost soul who flat-lined after scarfing down a hunk of chocolate cake she spiked with crumbled codeine tablets.

And Schaeffer plays a cop who investigates Lily's suicide attempt, then, in the guise of his continuing investigation ("suicide is a crime," he informs her), indulges in what seems like obsessive vigilance.

*Gravity*, which premieres Friday at 10:30 p.m. ET on Movie Central and The Movie Network in Canada, is funnier than it sounds. It is also cringingly twisted at times and occasionally very sad.

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### **Avatar: DVD and beyond**

- There are no bonus features in the DVD and Blue-ray versions being released today. James Cameron says: "It takes time to generate good supplemental material. We didn't want to crash together a bunch of bogus stuff." There will be no trailers either as Cameron wanted to use every bit of disc space to preserve the film's picture quality.
- Some extra material will be available on the film's website — [avatarmovie.com](http://avatarmovie.com). Fans can access these "digital initiatives" with a code found inside their Blue-ray/DVD.
- Cameron's currently working on extra footage that was left out of the film's original cut. Cameron says: "We're taking a number of scenes and finishing them up to the level of the rest of the film. It takes time and it takes literally millions of dollars." The extended cut will be re-released in theatres in August.
- There are no plans for a 3-D DVD release yet. Cameron says there isn't enough of the technology to go around to make it a viable option.

sponse. I think some filmmakers are. They need to be cool. I'm not afraid to be uncool," Cameron says.

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TV drama *Rescue Me* will return for its penultimate sixth season on June 29, followed by the series premiere of the comedy, *Louie*, FX announced yesterday. **TVGUIDE.COM**

# Kate gets the boot from Dancing

Judges show no mercy, comparing Gosselin's moves to coat hanger

**Reality TV mom Kate Gosselin has one fewer jobs to juggle.**

The author and reality star was eliminated Tuesday from *Dancing With the Stars*, leaving seven couples in the competition.

Gosselin failed to ignite the ballroom, landing near the bottom of the judges' leaderboard during five weeks of dancing.

She and professional partner Tony Dovolani came in to Tuesday's results show with the week's lowest score: 15 points out of 30 for a lacklustre foxtrot.

"I think Tony could have had more life out of a frock on a coat hanger," judge Bruno Tonioli said Monday.

Judges' scores are combined with viewer votes to determine which celebrity

is eliminated each week. Dovolani praised his partner as she dabbed her eyes with a tissue after learning their fate.

"I give her all the credit for showing up, as exhausted as she was, she still showed up every day," he said.

"You showed America that it doesn't matter how much things go against you, you still come out here and give it your best."

Gosselin, a 35-year-old mother of twins and sextuplets, starred for several seasons with her ex-husband, Jon, in the hit TLC reality show *Jon & Kate Plus 8*.

The show collapsed as the couple's marriage fell apart.

She said through tears Tuesday that she was honoured to have been on the hit ABC show.

"I love everyone that I met," she said, apologizing

for being "a crybaby."

"It was a

great experience," she continued. "I had a

wonderful teacher."

She said that

gave her best in the ballroom.

"I was scared to death most of the time to be out here," she added.

Gosselin and her ex-husband are due in court in Pennsylvania on May 25 for a hearing on his motion for full custody.

Earlier this month, his attorney accused the reality mom of neglecting the children to appear on *Dancing With the Stars*, a charge her attorney rejected as "patently false."

Kate Gosselin is the fourth contestant to be dismissed from *Dancing*. Soap star Aiden Turner, astronaut Buzz Aldrin and actress Shannen Doherty were eliminated on previous episodes.

Returning to dance on Monday's episode are singer Nicole Scherzinger, Olympic figure skater Evan Lysacek, actresses Pamela Anderson and Niecy Nash, reality star Jake Pavelka, sportscaster Erin Andrews and football star Chad Ochocinco.

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## Stewart and Colbert ink new deals

**PEOPLE** The late-night lineup is shifting on TV but not at Comedy Central. The cable channel has signed new deals to keep Jon Stewart and Stephen Colbert. Comedy Central said Tuesday that in separate agreements, Stewart agreed to host *The Daily Show* through June 2013 and Colbert will stick with *The Colbert Report* until the end of 2012. The two shows air in the 11 p.m. to midnight Eastern block. The contract extensions were announced a week after Conan O'Brien said after a short stint at *The Tonight Show*, his home will be cable channel TBS. O'Brien, who will host a late-night show later this year that will compete with Stewart and Colbert, left NBC after the network sought to move him and *Tonight* to make way for Jay Leno's return to late night.



Jon Stewart

THE ASSOCIATED PRESS

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### critics'corner

#### Sharkwater

If Michael Moore had a thing for sharks, he'd be Rob Stewart. This documentary special is the Toronto filmmaker and shark enthusiast's warning screech about the threat to the shark population posed by the demand for their fins. Shark-fin soup is a prized dish in Asia, thanks to the belief that sharks don't get sick. Breathtaking and often disturbing footage and interviews spin a dire story with implications for the environment — and us. 8 PM on 42 DIS

#### In brief

**TELEVISION** David Beckham will join the ladies of *The View* as a guest on Monday. ABC says it will be the first time the soccer superstar has appeared on the weekday talk show. The 34-year-old midfielder is recovering from a torn Achilles tendon which he injured while playing for the AC Milan while on loan from the Los Angeles Galaxy. In February, his wife, singer-model-businesswoman Victoria Beckham, co-hosted *The View* with regular hosts including Barbara Walters and Whoopi Goldberg.

**STAGE** Hal Holbrook has performed the one-man Mark Twain *Tonight!* shows for 56 years. Yesterday he reached a milestone in Elmira, N.Y., on the centenary of the author's death. Elmira is where Twain wrote most of his best-known works, including *Adventures of Huckleberry Finn*.

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#### CSI: Crime Scene Investigation

Catherine (Marg Helgenberger) investigates when a student is found murdered at her daughter's school, but the case takes a startling turn when the CSIs discover an unexpected connection between the boy's death and past atrocities in the new episode "World's End." Michael Kenneth Williams ("The Wire") guest stars; Laurence Fishburne, George Eads, Paul Guilfoyle and Eric Szmanda also star. 9 PM on 13 CBS 7 CTV

OT	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
42/210	265	353	2	TVO	Super Structures (N)	The Agenda With Steve Paikin	Trial and Retribution	Visions of Space	Agenda-Paikin		
	211	331	3	GTV	Entertainment	ET Canada	Survivor: Heroes vs. Villains	The Office (N)	Til Death		
			5	SRC	Virginie (SC)	Infoman (SC)	Pardus (HDTV) (SC)	Vampires & cie (SC)	Le Téléjournal Nouvelles (SC)		
	209	342	6	CHRO	TMZ (N)	Access H.	FlashForward (HDTV) (N)	Fringe (HDTV) (PA) (N)	Private Practice (N)		
	196	311	7	CTV	The Vampire Diaries (N)	Law & Order "Shotgun"	CSI: Crime Scene Investigat'n	The Mentalist (HDTV) (N)	CTV News		
	208	303	8	CBC	NHL Hockey: Ottawa Senators at Pittsburgh Penguins (HDTV) (Live)	Community (N)	30 Rock	The Office (N)	30 Rock		
		360	9	NBC	Wheel Fortune	Jeopardy! (N)	La Force de l'attraction ** (2004, Com. Sentimentale)	TVA nouvelles (10:45) Denis Lévesque	Big Brother QC		
	117	713	10	QV	Marché	Histoires-filles	Pandemic virus fatal (2007, Suspense)	Tiffani Thiessen	La Grande soif	Vol	
		11	QS	Big Brother QC	Rire et délire	Survivor: Heroes vs. Villains	Omni News: S. Asian Edition	Community (N)	30 Rock		
	137	763	12	TFO	Panorama	La Grande soif	Vol	Copenhague Le changement climatique	CSI: Crime Scene Investigat'n		
		362	13	CBS	The Insider (N)	Judge Brown	Survivor: Heroes vs. Villains	Omni News: Cantonese Edition	Accidentally	30 Rock	
	216	395	14	CMN2	Family Guy	The Simpsons	Omni News: Italian Edition (N)	Vivere V	Omni News		
	214	344	15	CITY	Law & Order: SVU	Omni News: Italian Edition (N)	Private Practice (N)	Grey's Anatomy (HDTV) (N)	Revue	Periodic quest.	
	115	343	16	CFMT	TwoHalf Men	The Office	100 Huntley Street	Fringe (HDTV) (PA) (N)	Life Today	This Is Day	
	218	345	18	CHCH	Wise Guys ** (1986, Comedy) Danny DeVito, Joe Piscopo	FlashForward (HDTV) (N)	100 Huntley Street	Fringe (HDTV) (PA) (N)	Life Today	This Is Day	
		361	20	ABC	Action News	Entertainment	FlashForward (HDTV) (N)	100 Huntley Street	Fringe (HDTV) (PA) (N)	Life Today	
	512	396	24	CPAC	La Période de questions	Heure polittic	FlashForward (HDTV) (N)	100 Huntley Street	Fringe (HDTV) (PA) (N)	Life Today	
	651	355	25	CTS	Little House on the Prairie	Father Dowling Mysteries	FlashForward (HDTV) (N)	100 Huntley Street	Fringe (HDTV) (PA) (N)	Life Today	
		365	36	FOX	TMZ (N)	Seinfeld	Bones (HDTV) (PA) (N)	Fringe (HDTV) (PA) (N)	Life Today	This Is Day	
			64	PBS	All-Star Auction						
	205	312	104	CTV	The Vampire Diaries (N)	Law & Order "Shotgun"	CSI: Crime Scene Investigat'n	The Mentalist (HDTV) (N)	CTV News		
	502	390	26	NW	The Lang & O'Leary Exchange	Connect with Mark Kelley (N)	CBC News: The National	Anderson Cooper 360 (HDTV) (N)	Prime Time		
	500	500	33	CNN	John King, USA (N)	Campbell Brown	Larry King Live (N)	Anderson Cooper 360 (HDTV) (N)	Prime Time		
	406	417	27	net	Saturday Night Poker	Poker2Night	MMA Conn	Sportsnet Connected	Prime Time		
	126	730	28	RDI	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	RDI économie	Le National		
	400	280	30	TSN	NHL Hockey: Philadelphia Flyers at New Jersey Devils (HDTV) (Live)	NBA Basketball: Cleveland Cavaliers at Chicago Bulls (Live)	NBA Basketball: Lakers at Thunder				
	410	403	52	SCR	Ghost Hunters	Destination Truth	Oper. Repo	Oper. Repo	Ghost Hunters	Destin. Truth	
	411	406	59	OLN	NASCAR Smart	NASCAR Hub	Bullrun (HDTV) (N)	Bullrun (HDTV) (N)	Pass Time		
	554	544	48	TEL	Spliced (N)	Total Drama	Stoked (N)	6TEEN	Futurama	King of the Hill	
	557	540	51	FAM	Sony Chance	Suite Life	Overruled! (N)	Han. Montana	Wizards-Place	Latest Buzz	
	551	542	65	YTV	That's-Weird	Family Biz	Malcolm-Mild.	Hates Chris	8 Simple Rules	Family Biz	
	570	580	29	MTV	The Daily Fix "Jet"	Ranked!	The First 48 (HDTV)	TNA Wrestling (HDTV)	Fugitive Chronicles (N)	Ultimate Fight	
	515	520	31	A&E	The First 48 (HDTV)	The First 48 "Blackout"	The Unit (HDTV)	Police Women of Maricopa	LA Ink "Caught in a Lie"	Police Women	
	628	584	32	SPKE	The Unit "Outsiders"	Police Women of Maricopa	Un oeil sur la planète	Geopolitis	Refugiés de la planète bleue	TV5 Le Journal	
	521	560	34	TLC	Catastrophes écologiques	The Bad Son (2007, Suspense) (HDTV) Catherine Dent	L'Horloge Biologique (2005, Comedy) Patrice Robitaille	MythBusters	Home Improve.	Home Improve.	
	521	561	39	BVO	Relic Hunter	Innovators	Writers	Sharkwater The exploitation and corruption of sharks (N)	MythBusters	Home Improve.	
	616	521	39	BVO	Storytellers	Snapshot	Reba	Reba	According-Jim	According-Jim	
	520	505	42	DIS	Daily Planet (N)	Daily Planet (N)	Reba	Reba	According-Jim	According-Jim	
	575	583	43	CLT	Amer. Funniest Home Videos	Rich Bride Poor Bride	Bootcamp	Last 10	10 Pounds	Last 10	
	601	562	45	SCL	Air Force	22 Minutes	Comer Gas	Name Is Earl	The Simpsons	South Park	
	625	548	46	COM	MLB Baseball: Philadelphia Phillies at Atlanta Braves. From Turner Field in Atlanta.	Holmes Inspection	House-Bryan	Real Renos	House Hunters	House Hunters	
	294	529	47	TBS	House Hunters	Property Virgin	Masters of Science Fiction	Lost "The Last Recruit"	Chop Shop	Chop Shop	
	600	564	49	H&G	Stargate Atlantis	DVS	Cribs	Teen Cribs	Family Guy	Family Guy	
	627	528	50	SPC	After	After Show	Family Guy	Family Guy	Family Guy	Family Guy	
	581	566	53	MTV	Reality	Whatever	Ice Pilots NWT (HDTV)	Science du combat (HDTV)	On the Buses	The Good Life	
	522	506	55	HIS	Ice Road Truckers (HDTV)	Science du combat (HDTV)	On the Buses	The Good Life	Love It or List It	Call of the Wild (Part 1 of 2)	
	129	773	60	CD	Biographies (HDTV)	Call of the Wild (Part 1 of 2)	The Ellen DeGeneres Show (N)	HEAT, McEwan	At the Table	Ultimate Recipe Showdown	
	261	394	61	V	Murder, She Wrote	Call of the Wild (Part 1 of 2)	The Ellen DeGeneres Show (N)	HEAT, McEwan	At the Table	Ultimate Recipe Showdown	
	600	567	62	W	Supernanny	Call of the Wild (Part 1 of 2)	The Ellen DeGeneres Show (N)	HEAT, McEwan	At the Table	Ultimate Recipe Showdown	
	269	590	70	APTN	Wapos Bay	By the Rapids	Call of the Wild (Part 1 of 2)	The Ellen DeGeneres Show (N)	HEAT, McEwan	At the Table	
	621	527	71	TKN	Look-A-Like	TMZ	Call of the Wild (Part 1 of 2)	The Ellen DeGeneres Show (N)	HEAT, McEwan	At the Table	
	603	561	95	FN	Ricardo	Chuck-Day Off	Call of the Wild (Part 1 of 2)	The Ellen DeGeneres Show (N)	HEAT, McEwan	At the Table	

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**Rating:** ●●●●●

**Dinner for two with wine** \$75

Walking into The Whalesbone Oyster House, you feel immediately transported to a maritime setting. Wooden planks line the floor, a chalkboard features specials of the day, hand-written signs identify

**On the web**

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the fresh oysters, and the succulent smell of simmering chowder fills the air.

A delightful start to our meal was the Clam Chowder (\$10), which was rich, full of delicious chunks of fish and other seafood and seasoned perfectly.

The catch of the evening was Newfoundland Wild Mackerel (\$27), fried and crunchy, crisp on the outside and white and delicate on the inside. It was relaxing on a bed of Tomato and Potato Gnocchi, though the dish was a bit

shy on the Gnocchi. The Paella Valenciana (\$30) was stunning in its presentation with B.C. Spot Prawns, wild Atlantic lobster along with other delicacies all spooned into a black, cast-iron serving pan. However, the risotto was mushy and overall, though fresh, everything was low on flavour.

A pretty way to end our meal was with the Whiskey Sour (\$10). It was a stacked dome of frozen citrus mousse and whiskey ice cream perched on top



(Top) Paella Valenciana (\$30), (left) Newfoundland Wild Mackerel (\$27)



of a lemon sponge cake plated with polka dots of lemon curd that were licked clean.

True to its vision of pro-

viding only sustainable fish and seafood, this restaurant has a capacity to endure and bring a whiff of the ocean to this part of the land.

**Dining out**

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SHARI GOODMAN/  
FOR METRO OTTAWA

**In brief**

**ENJOY** Good food and wine at a dinner party at The Bohemian Kitchen where Tim Festeryga, an award-winning Le Cordon Bleu Chef will serve up de-

licious treats for the Heart and Stroke Foundation of Ontario tomorrow (Apr. 23) at The Bohemian Kitchen. Seatings at 5:30 p.m. or 8 p.m.

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Melanie Griffith entered rehab for the third time last August, and the Oscar-nominated actress has found new strength in her ongoing struggle to stay sober. "Addiction's a tough enemy to defeat," Griffith told people.com "I think of it as a monster." **METRO NEWS SERVICES**

## Celebrity Buzz

# Third time's a charm for Mariah

**MONSTROUS EXCESS. IT'S A DIVA THING** Mariah Carey is to marry Nick Cannon for a third time this month, femalefirst.co.uk reports.

The couple — who originally tied the knot in 2008 — plan to renew their vows again on April 30, their two-year wedding anniversary, with the singer already demanding more expensive jewellery from her spouse to mark the occasion.

"We get married every year! That's our thing. So it's going to be our third wedding this year," Cannon said. "That's what we'll be doing on the

actual anniversary... We'll do something ... a party or event, just to celebrate. This is the third ring I have to buy. It'll be something different — something good." According to leaked

details of her 2010 tour rider, the singer is just as demanding backstage as she is with her husband.

The rider specifies that Mariah's dressing room has "no busy patterns" although "black, dark grey, cream and dark pink" are all fine, and she should also be provided with a "lamp or clip light," so harsh lighting can be turned off.

**METRO NEWS SERVICES**



## A squatter at Casa Sheen?

**GOLD DIGGING? UR DOING IT WRONG** Even though she's allegedly through with her marriage to Charlie Sheen, Brooke Mueller is reportedly refusing to move out of their Los Angeles mansion.

"She has not moved out and she doesn't want to move out. She's furious and not talking to Charlie," a source says, ac-

cording to Hollyscoop. Sources say Mueller is furious over reports that Sheen has been cheating on her. "They've had some crazy times together but this really hurt her."

Her brother, Scott Mueller, is coming to her defense, though, saying she is just "trying to be a good mother."

**METRO WORLD NEWS**



## Douglas defends his son

**PARENTING: UR DOING IT WRONG** Michael Douglas attended the New York sentencing hearing for his son Cameron Douglas, who was sentenced to five years in prison for possessing heroin and dealing large amounts of methamphetamine and cocaine.

During the procedure, excerpts from the veteran actor's note to the judge were read, according to X17 Online. "Judge Berman, I love my son, but I'm not blind to his actions," Michael wrote. "I do believe out of this adversity he will be a positive citizen. I don't want to see him break."

**METRO WORLD NEWS**



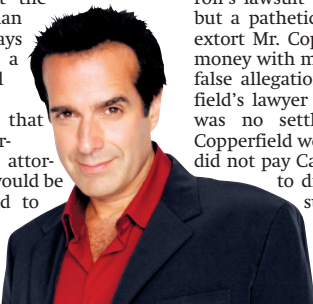
## Woman drops Copperfield sexual assault charges

**HE MADE THEM DISAPPEAR. \*GOLF CLAPS\* THANK YOU, I'LL BE HERE ALL WEEK** The woman suing David Copperfield for sexual assault has dropped her case against the magician just days after a federal judge ruled that Copperfield's attorneys would be allowed to question her under

oath, according to People magazine.

Lacey Carroll had alleged that Copperfield lured her to his private island and raped her in 2007. "Carroll's lawsuit was nothing but a pathetic attempt to extort Mr. Copperfield for money with malicious and false allegations," Copperfield's lawyer says. "There was no settlement. Mr. Copperfield would not and did not pay Carroll a dime to drop her lawsuit."

**METRO WORLD NEWS**



## Shepherd's son set for pretrial program

**CELEBRITY CHILDREN ARE ALL THE RAGE THIS LOCK-UP SEASON** Cybill Shepherd's son, Cyrus Zacharia Shepherd-Oppenheim, will enroll in a pretrial diversion program after he was arrested in January for allegedly trying to rob sleeping passengers on an overnight flight from San Francisco to Philadelphia, people.com reports.

Shepherd-Oppenheim, whose father is Cy-

bill Shepherd's ex-husband Bruce Oppenheim, appeared in Philadelphia Municipal Court on Tuesday, according to local reports. Prosecutors say his record will be cleared if he abides by all conditions of the program, which is designed for first-time offenders.

The law student at the University of Pennsylvania, 22, was charged with stealing a camera, cash and other items from passengers' carry-on luggage. Another hearing is scheduled for June 4.

**METRO NEWS SERVICES**



## RiRi hospitalized for mysterious ailment

**AFTER HEARING UMBRELLA FOR THE MILLIONTH TIME, HER EARDRUMS SUDDENLY LET OUT A TORTURED SHRIEK, DETACHED THEMSELVES FROM HER EARS, AND RAN FOR THEIR LIVES** Rihanna was rushed to the hospital in Switzerland after performing to a sell-out crowd at Zurich's Hallenstadion Arena, though why the singer needed to be hospitalized wasn't made clear, according to PopCrunch.

"Rihanna arrived at the accident and emergency unit. We're not going to give any details," a medical center rep says. After roughly two and half hours of treatment, the singer was released and was able to perform in France the next night.

**METRO WORLD NEWS**



## Jude and Sienna stranded in LA

**OF COURSE NOT AT THE AIRPORT WITH THE OTHER PLEBEIANS. GEEZ.** Jude Law and Sienna Miller spent longer in Los Angeles than intended, as they were stranded in California while flights back to Europe were canceled due to the ash cloud from the eruption of Iceland's Eyjafjallajökull volcano. But with Heathrow Airport open again, the couple have checked out of their Beverly Hills hotel and are heading home to London where they've recently been house-hunting, according to Popsugar.

**METRO WORLD NEWS**



Follow these celebrities on Twitter...

## CelebTweets

**RUSSELL BRAND** is trying to make sense of things, **GAYLE KING** is influenced by TV shows, and **JIM CARREY** is feeling good about himself.

**@rustyrocks** At U of Miami. Their teams are known as "The Hurricanes" but their mascot is a bird. Because a furry hurricane is a confusing concept.

**@kinggayle** What do you guys think of medical marijuana? legalizing it? i am torn, but am thinking nurse jackie really helped that patient last week

**@JimCarrey** In a world where 'sane' often means 'inauthentic', I'd prefer to be called mad-man!



**METRO NEWS SERVICES**

## Miley ready to leave the nest

**FROM WHAT I'VE SEEN OF THE CYRUS CLAN THAT'S PROBABLY IN HER BEST INTEREST** While only 17 years old, Miley Cyrus is ready to live on her own, according to Radar Online. The Disney star reportedly purchased a \$3.4 million last year, and renovations on 4,000-foot Spanish-style property were recently completed.

The home, which is mere steps from her parents' house, has four bedrooms, a tennis court, a swimming pool and a recording studio.

**METRO WORLD NEWS**



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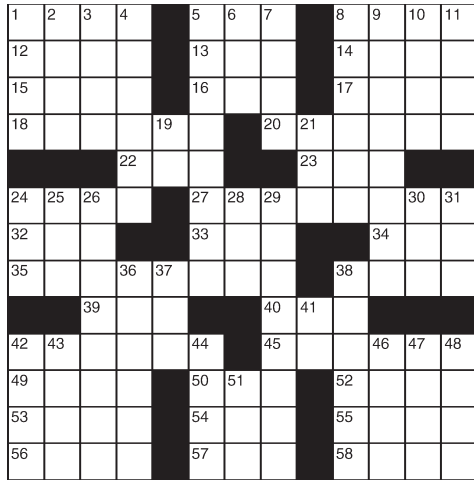
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## Take Five



### ACROSS

- 1 Tear in two
- 5 Mini-whopper
- 8 "Yeah, right!"
- 12 Addict
- 13 Guitar's cousin
- 14 Cartoonist Goldberg
- 15 Capri or Wight
- 16 Born
- 17 Oklahoma city
- 18 "Simpsons" bully
- 20 Palm leaves
- 22 Firmament
- 23 Actor Ron
- 24 Needing liniment
- 27 Pal
- 32 Letter before sigma
- 33 Blood typing letters
- 34 Diving bird
- 35 Alternative to Szechwan
- 38 Unit of force
- 39 Conger, for one

- 40 Lamb's mama
- 42 Between — and Charybdis
- 45 Squealed, puppy-style
- 49 Castro's place
- 50 Once around
- 51 Met melody
- 53 Act the robot
- 54 Tackle the slopes
- 55 Standard
- 56 Links props
- 57 Feedbag tid-bit
- 58 Keats output

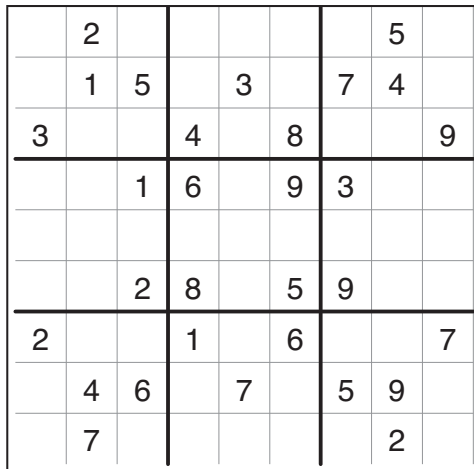
### DOWN

- 1 Destroy
- 2 Being, to Brutus
- 3 Jodie Foster movie
- 4 Black-tie
- 5 Specialized drag racer
- 6 Mamie's man
- 7 Complaint
- 8 Colored ring
- 9 Start of the "Sesame Street" theme song
- 10 Footnote ab-
- 11 G-men
- 19 Fine
- 21 Dem.'s rival
- 24 Branch
- 25 Dance syllable
- 26 Hive dweller
- 28 Sapporo sash
- 29 Venture that drains one's finances
- 30 Scoot
- 31 — out a living
- 36 Holds up
- 37 Every iota
- 38 Historic White House middle name
- 41 First word of the Constitution
- 42 Highlander
- 43 Rubik's baffler
- 44 As well
- 46 Poke
- 47 Green land
- 48 TVA structures
- 51 Alias (Abbr.)

### Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	7	2	9	8	4	5	1	6
9	1	4	2	5	6	3	7	8
5	6	8	1	3	7	4	2	9
1	5	6	3	7	2	8	9	4
7	8	9	4	6	5	2	3	1
4	2	3	8	1	9	7	6	5
6	4	7	5	9	3	1	8	2
2	9	1	7	4	8	6	5	3
8	3	5	6	2	1	9	4	7

### On the web

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)



### Metro Recipe of the Day



### Potato Cakes with Leeks and Feta

Submitted by Paula Bowman

**PREP TIME: 10 MINUTES**  
**COOK TIME: 20 MINUTES**

#### INGREDIENTS:

- 1 lb russet potatoes, peeled
- 1/3 cup leeks, white and light green parts only, thinly sliced into half moons
- 1 egg, lightly beaten
- 1/3 cup feta cheese, crumbled
- 1 teaspoon kosher salt, plus more for salad
- 1/4 teaspoon freshly ground black pepper

#### METHOD:

1. Preheat oven to 400°F. Place a 12-cup non-stick muffin tin in the oven to heat.
2. Grate potatoes using the large holes of a box grater or slice into matchsticks. Toss potato with leeks, salt and pepper and transfer to a sieve set over a large bowl; let drain for about 5 minutes. Squeeze the potato mixture, a handful at a time, over the bowl to release excess moisture

3. Drain off liquid in bowl leaving any white sediment (potato starch) remaining in the bottom. Return potatoes to bowl with starch, add egg and feta and stir until thoroughly mixed. Remove hot muffin tin from oven, working carefully, and quickly spray the inside of eight muffin tins with olive oil cooking spray and fill with potato mixture, (about 1/3 cup each). Lightly spray the tops of each potato cup with olive oil spray and return pan to oven. Bake until crispy and golden brown, about 20 to 25 minutes.

#### SERVES 4

- Serve this with our Rosette Salad with Almonds. Find the recipe at [20minutesupperclub.com/metro](http://20minutesupperclub.com/metro).



### Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)

For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

**ARIES**  
MARCH 21-APRIL 20  
It should be obvious by now that certain methods and routines are no longer relevant to the way you want to live your life. Make the change today!



**TAURUS**  
APRIL 21-MAY 21  
The facts may point you in one direction but your instincts are telling you differently. You know from experience how bad it can be to ignore them.



**LIBRA**  
SEPT 23-OCT 23  
You may or may not think of yourself as an ideas person but your mind will be on the move constantly today. Big rewards for the full moon on the 28th.



**SCORPIO**  
OCT 24-NOV 22  
You seem determined to challenge the status quo. Why is that? Maybe it's a passing phase, but the planets suggest you've had enough.



**GEMINI**  
MAY 22-JUNE 21  
Be patient and don't expect instant results. If you heed this message you will get everything you desire and more — if you don't, you'll mess it up.



**SAGITTARIUS**  
NOV 23-DEC 21  
Don't fall into the trap of acceptance an explanation for something just because it seems like the most rational solution.



**CANCER**  
JUNE 22-JULY 22  
You don't have to take one particular path through life. There are numerous paths to self-discovery and you can take as many or as few as feel right.



**CAPRICORN**  
DEC 22-JAN 20  
No amount of wishful thinking will change your current situation for the better, and once you accept that you can start doing something about it.



**LEO**  
JULY 23-AUG 23  
Someone close needs you to talk to them and ease their fears. Someone at work needs your opinion. It's all about other people today.



**AQUARIUS**  
JAN 21-FEB 18  
Just because something that happened recently was outside your range of experience does not give you an excuse to ignore it. Investigate it.



**VIRGO**  
AUG 24-SEPT 22  
Certain things are simply not worth arguing about and once you accept that fact you will find it much easier to focus on what is important to you.



**PISCES**  
FEB 19-MARCH 20  
You could do with a helping hand and if you ask for it today someone will come to your rescue and point out what you've been doing wrong.



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